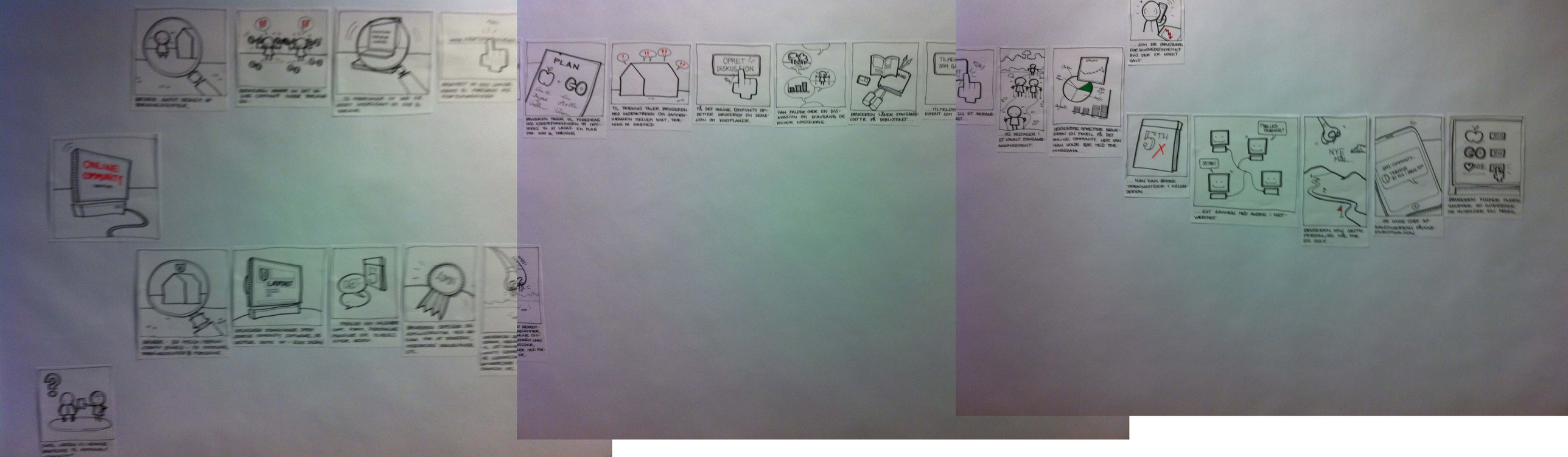

ONLINE COMMUNITY
PLAN
GO
OPRET DISKUSSION
5TH
NYE MÅL

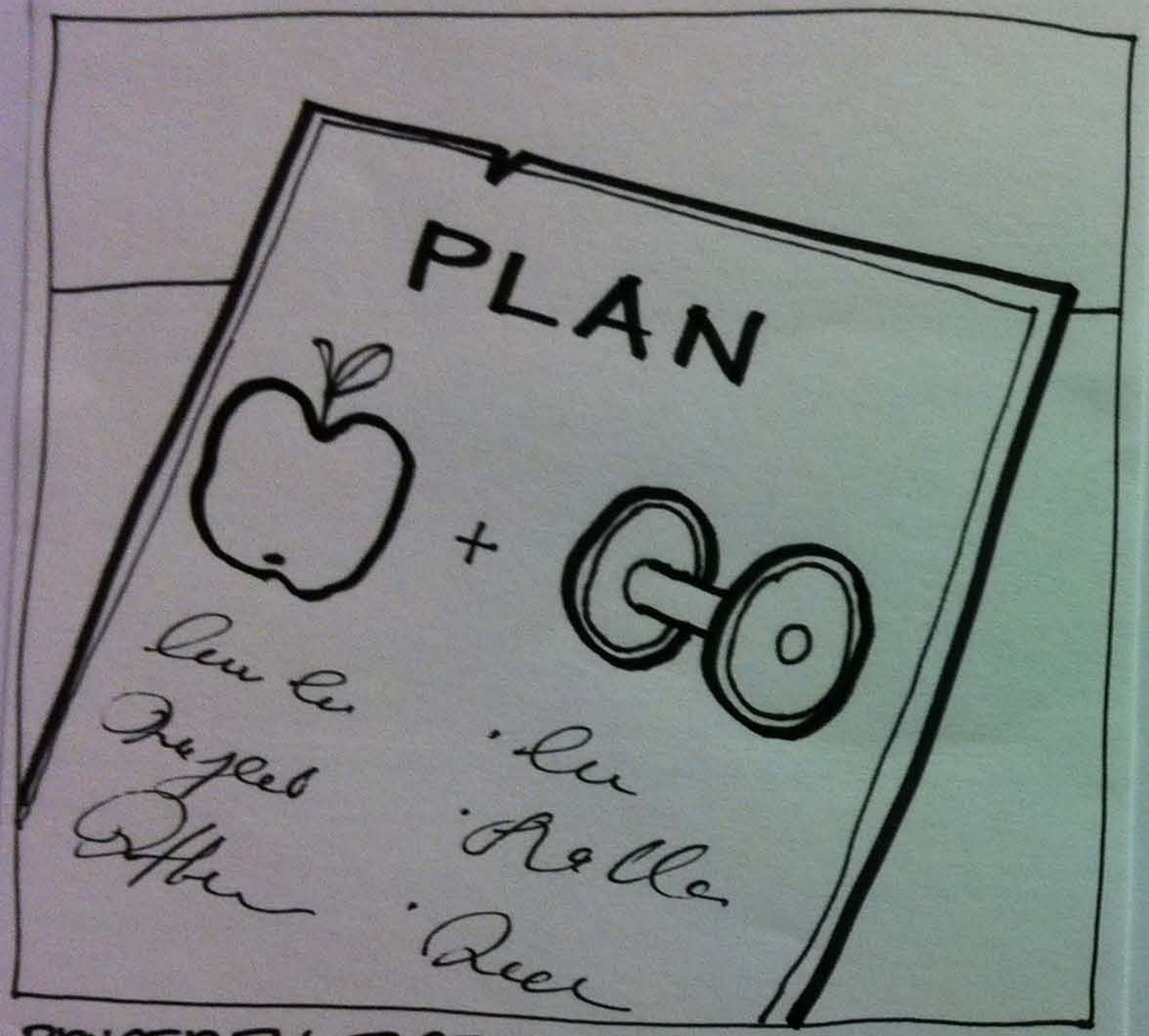
ONLINE
COMMUNITY
· PROTOTYPE ·

BRUGER: AKTIVT MEDLEM AF TRÆNINGSCENTER

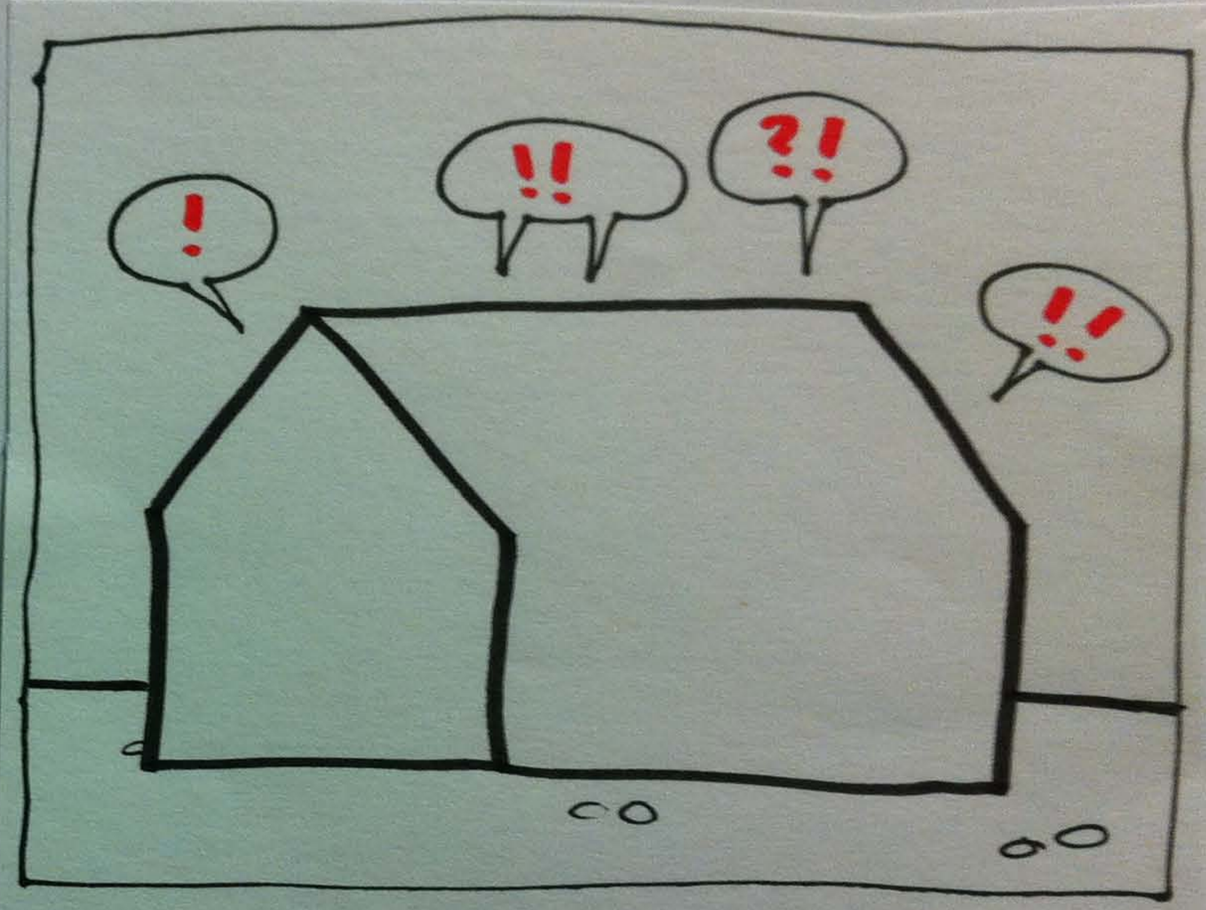
BRUGEREN HØRER OM DET ON-LINE COMMUNITY UNDER TRÆNING-EN...

...OG UNDERSØGER OM DER ER NOGET INTERESSANT OM KOST & TRÆNING.

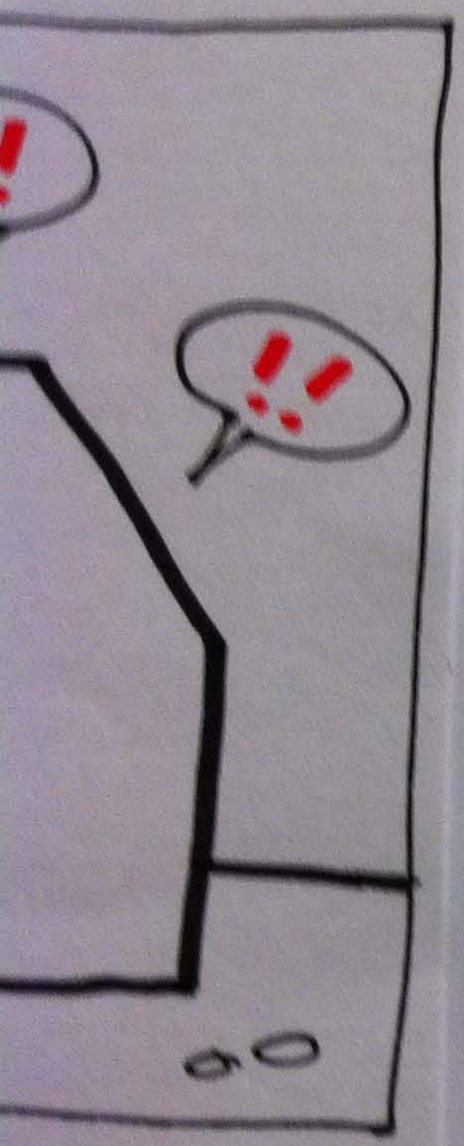
AFSNITTET OM KOST LINKER VIDERE TIL FOREDRAG HOS HJERTEFORENINGEN



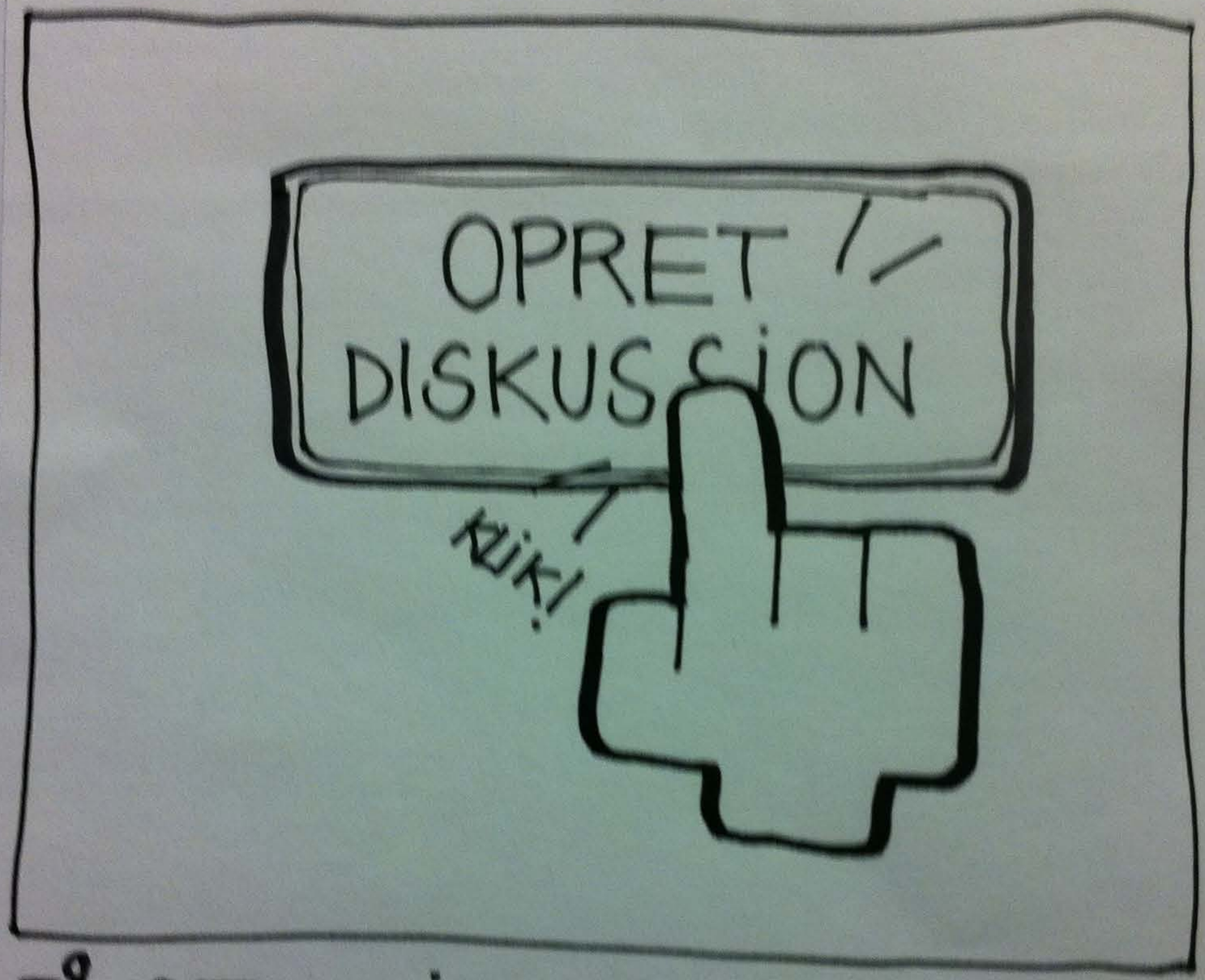
BRUGEREN TAGER TIL FOREDRAG HOS HJERTEFORENINGEN OG MOTIVERES TIL AT LÆGGE EN PLAN FOR KOST & TRÆNING



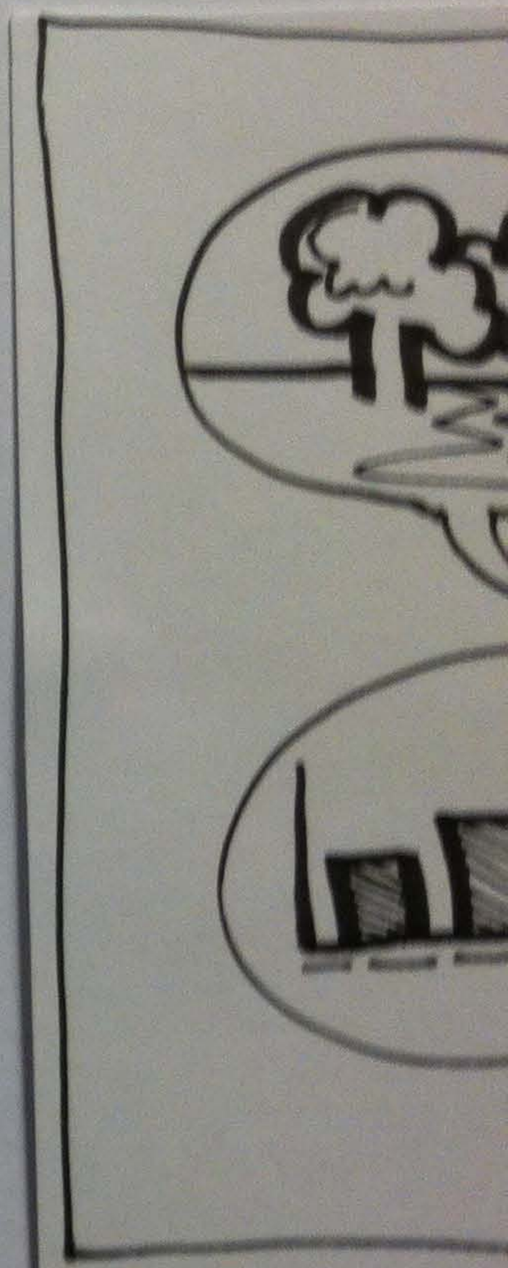
TIL TRÆNING TALER BRUGEREN MED INSTRUKTØREN OM SAMMENHÆNGEN MELLEM KOST, TRÆNING OG SUNDHED



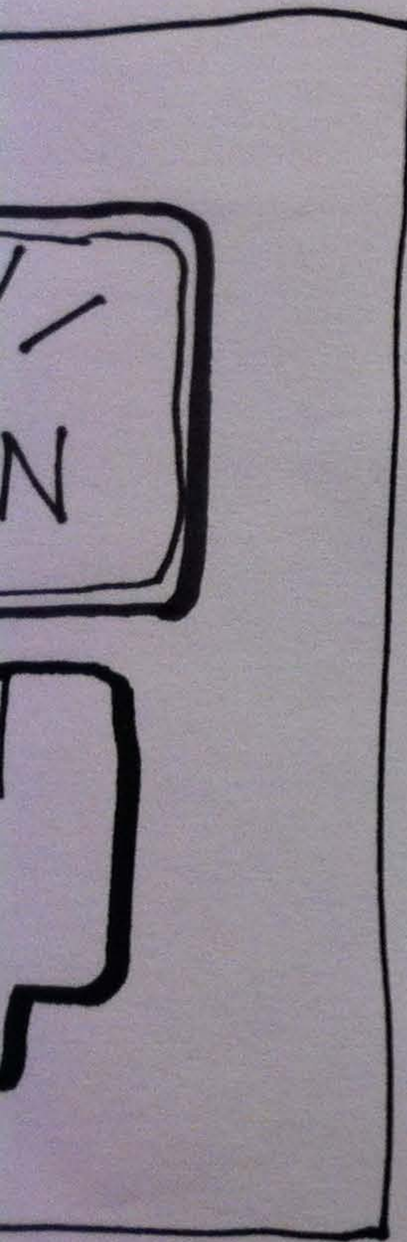
RUGEREN
SAMMEN-
. TRÆ-



PÅ DET ONLINE COMMUNITY OP-
RETTER BRUGEREN EN DISKUS-
SION OM KOSTPLANER

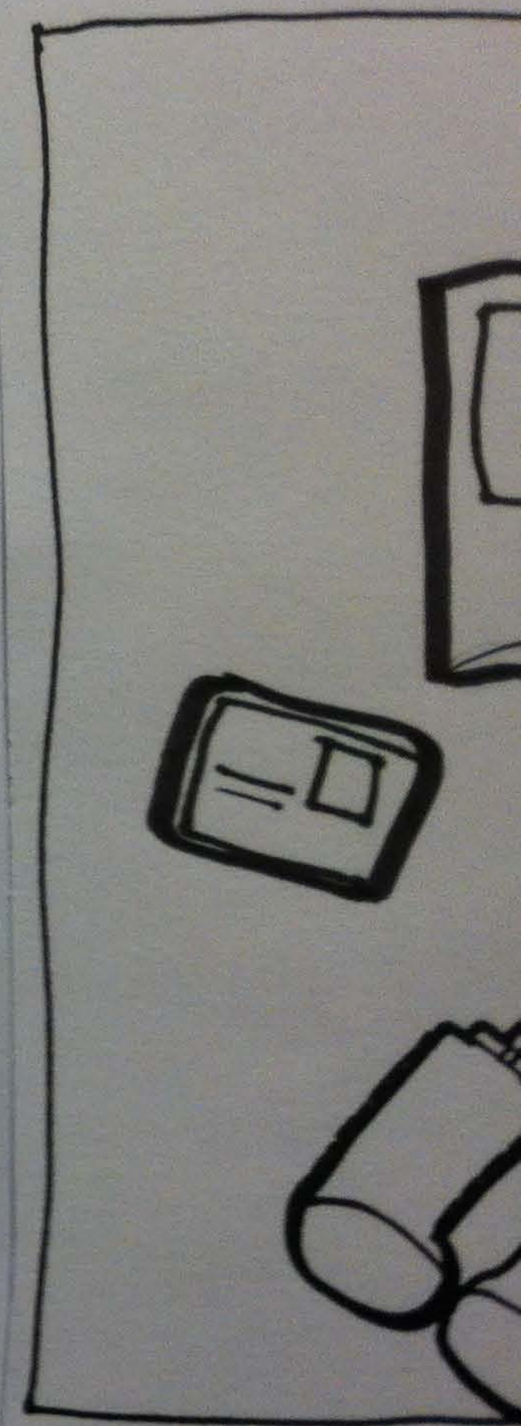


HAN FAL
KUSSION
BLIVER

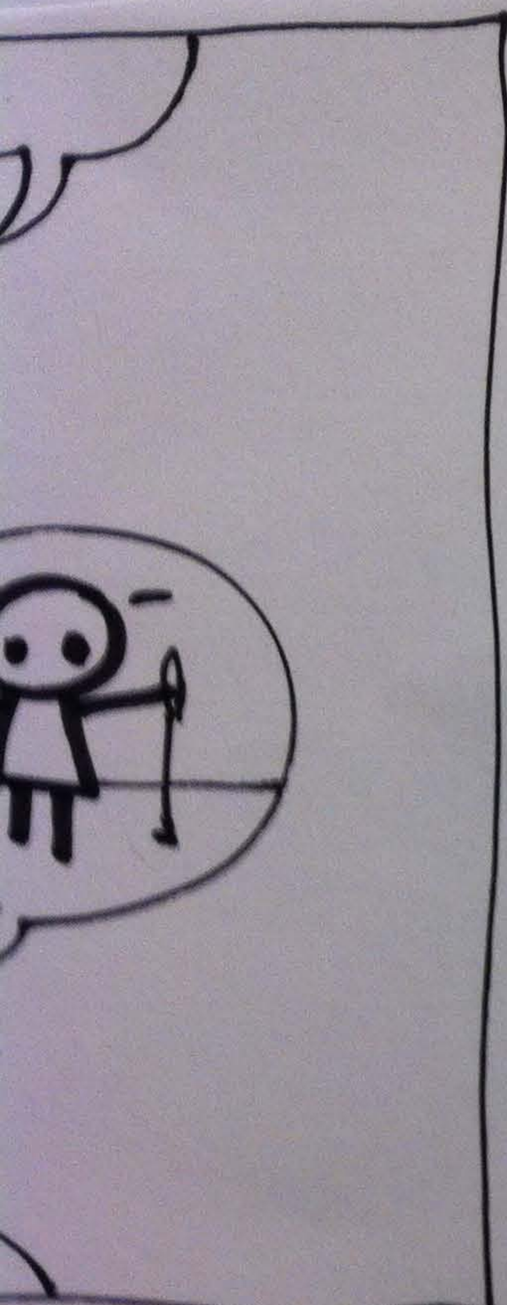


ITY OP-
N DISKUS-

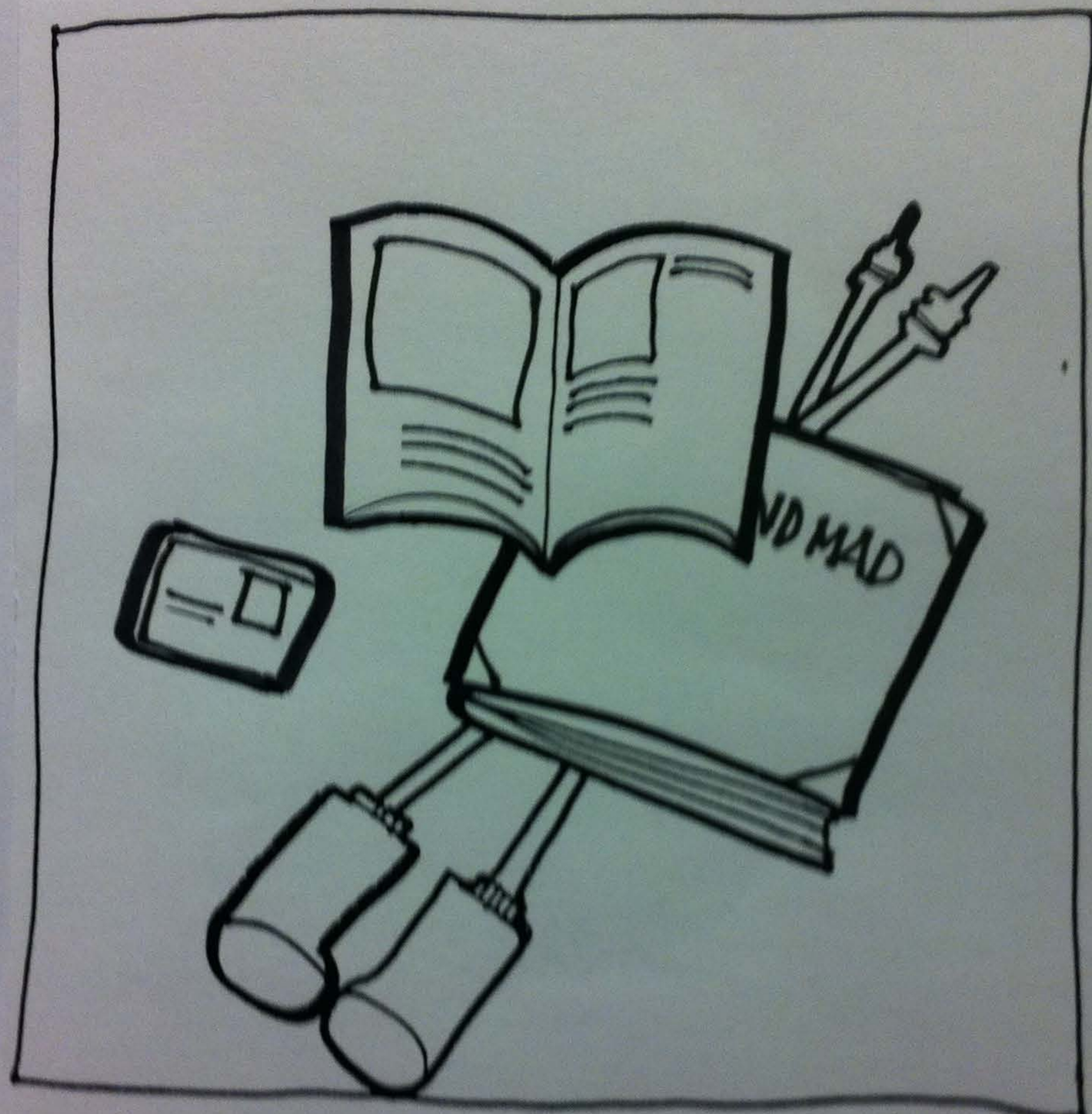
HAN FALDER OVER EN DIS-
KUSSION OM STAVGANG OG
BLIVER NYSGERRIG.



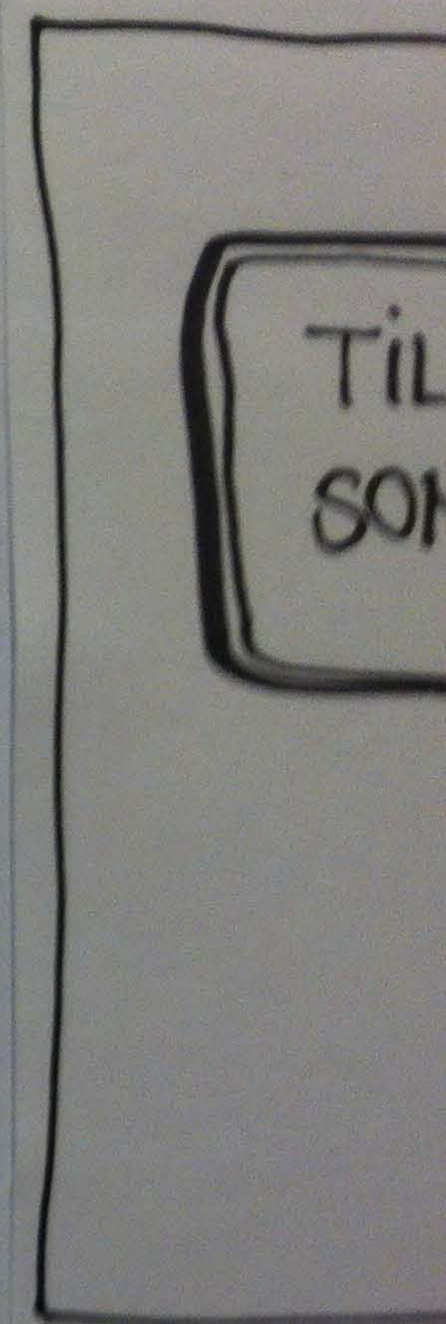
BRUGEREN
UDSTYR P



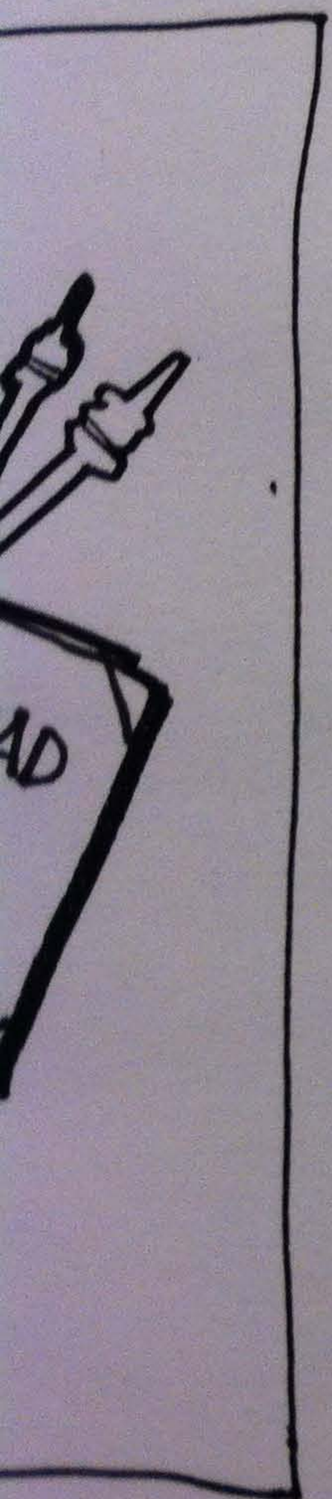
EN DIS-
VGANG OG
G.



BRUGEREN LÅNER STAVGANGS-
UDSTYR PÅ BIBLIOTEKET...



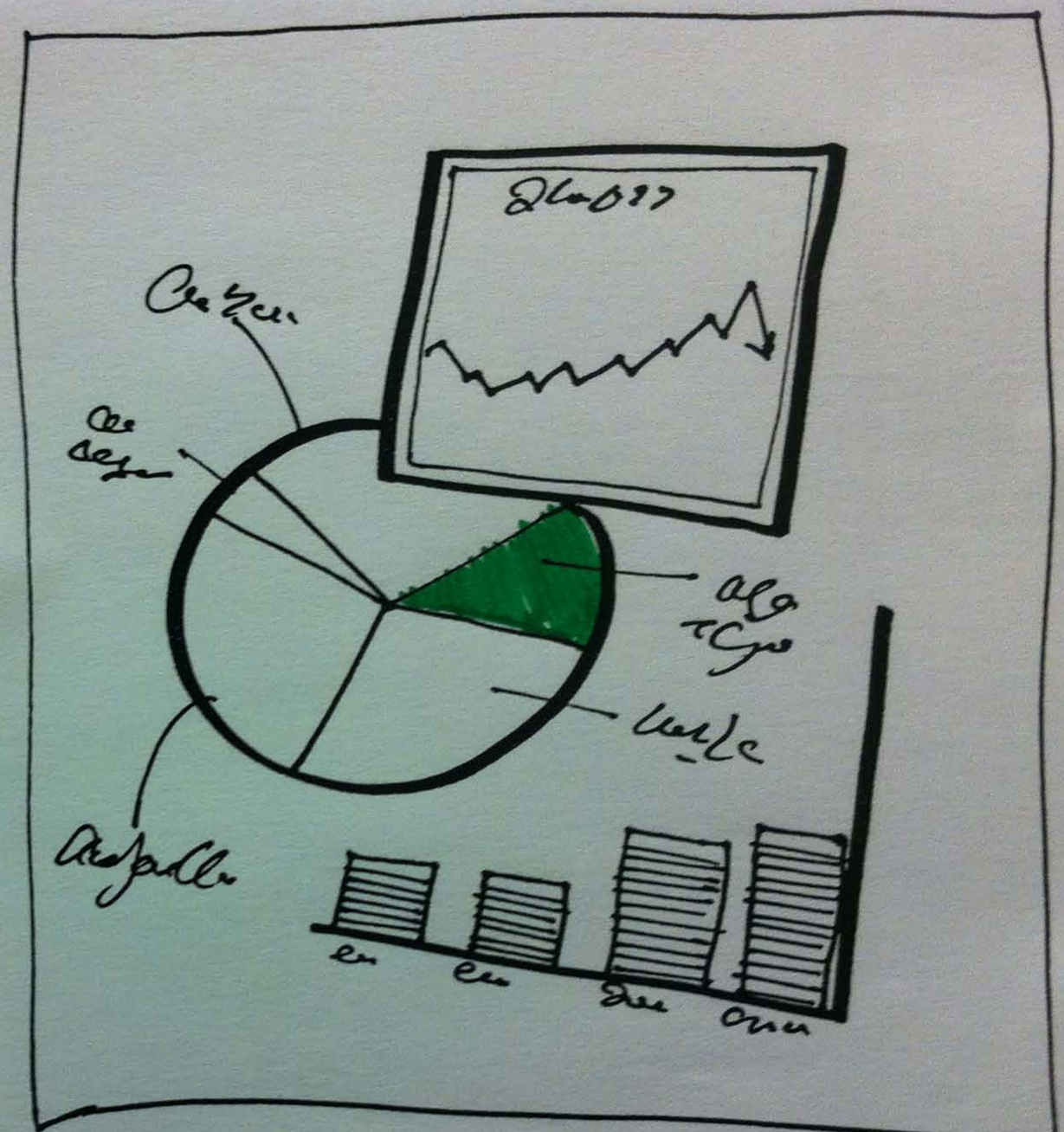
...TILME
EMENT



AVGANGS-
ET...

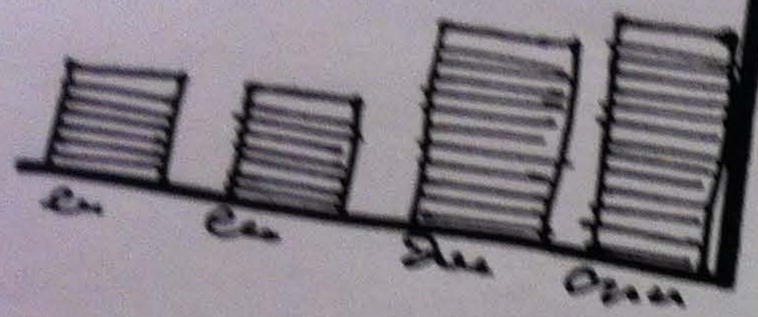
...TILMELDER SIG ET ARRANG-
EMENT SOM GÆST...

...OG DELTAGER I ET LOKALT STAVGANGS-ARRANGEMENT.

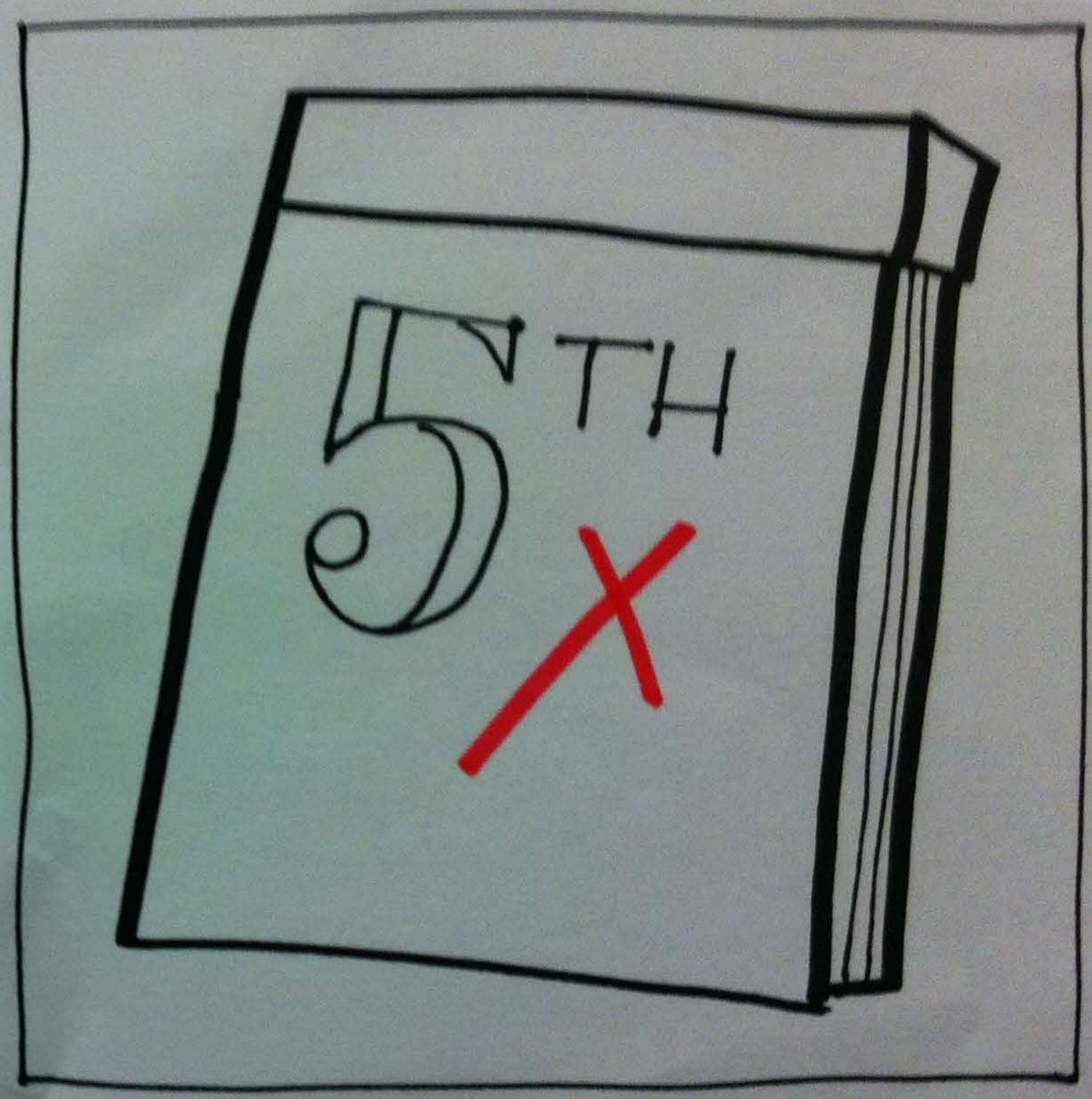


DERHJEMME OPRETTER BRUGEREN EN PROFIL PÅ DET ONLINE COMMUNITY. HER KAN HAN HOLDE ØJE MED TRÆNINGSDATA...

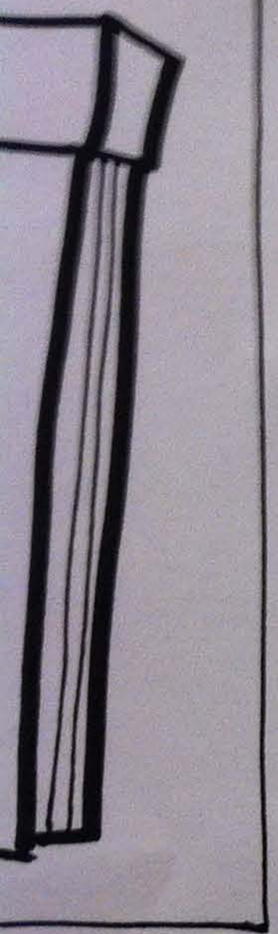
... SOM ER BRUGBARE FOR SUNDHEDSSYSTEMET HVIS DER ER NOGET GALT.



EHME OPRETTER BRUG-
EN PROFIL PÅ DET
E COMMUNITY. HER KAN
HOLDE ØJE MED TRÆ-
DATA...



...HAN KAN BOOKE
TRÆNINGSTIDER I KALEN-
DEREN...



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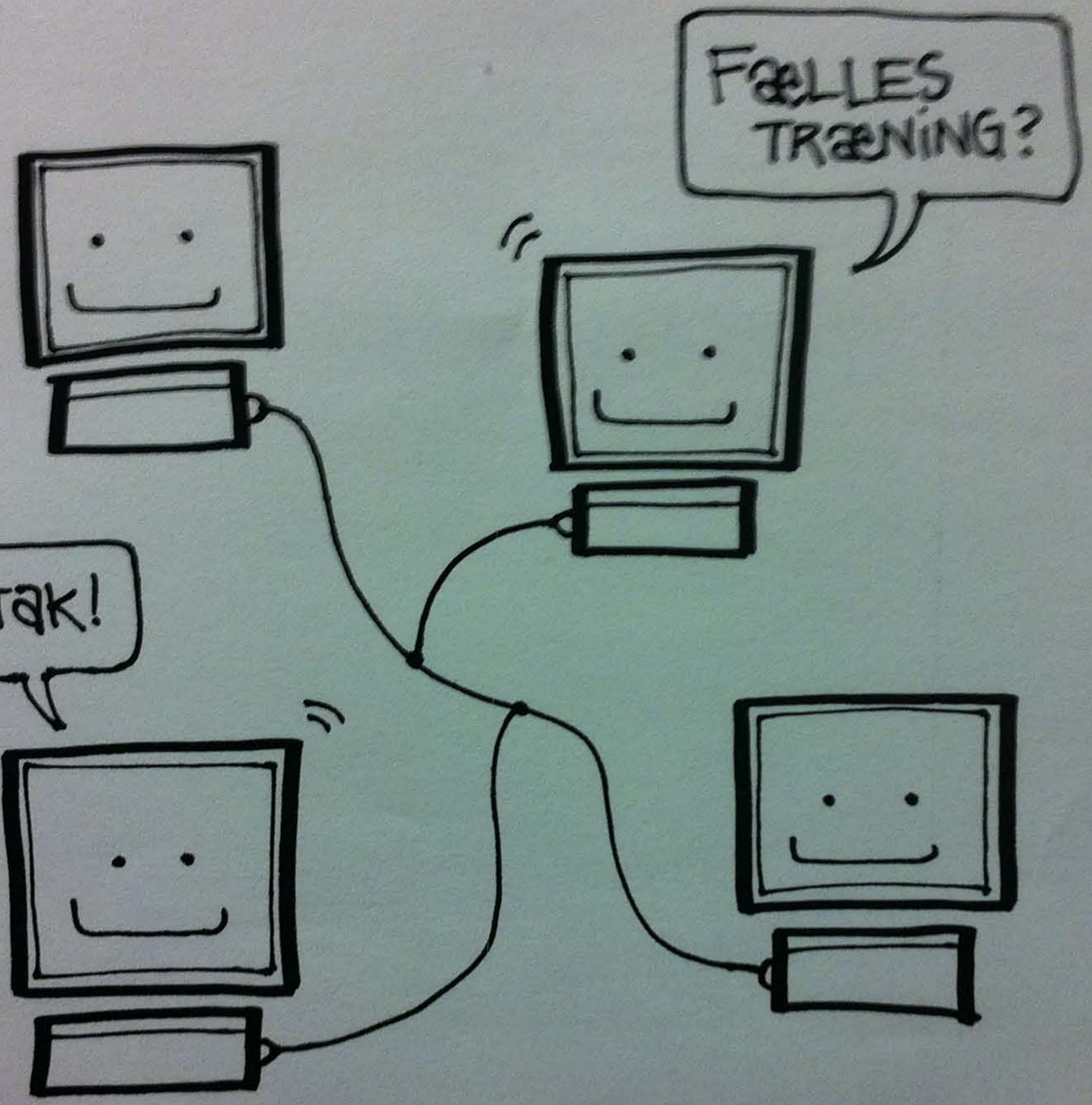
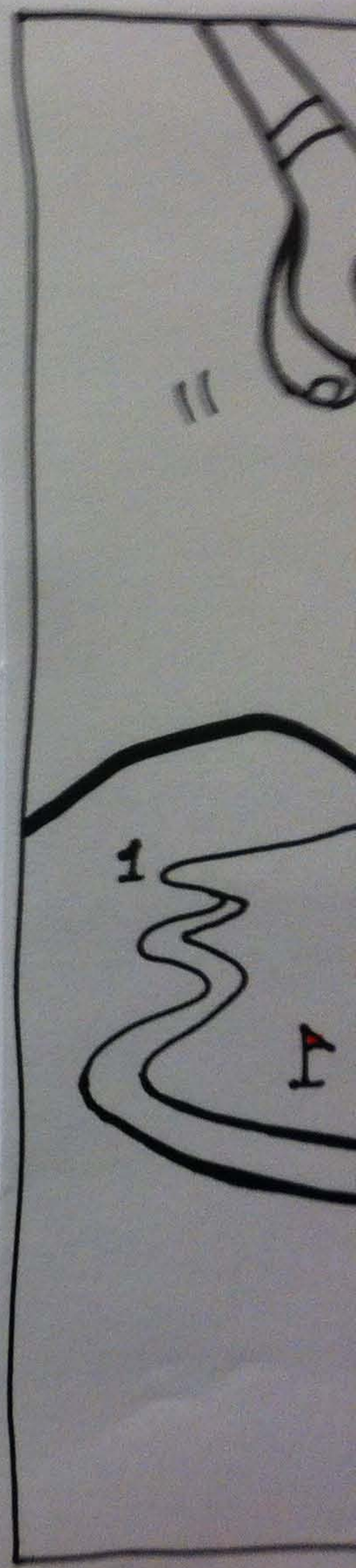
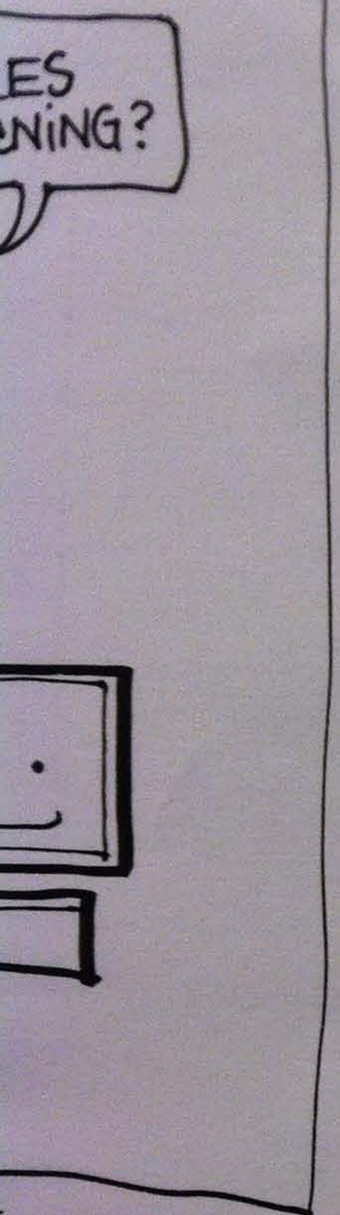
KALEN-



... EVT SAMMEN MED ANDRE I NET-VÆRKET.



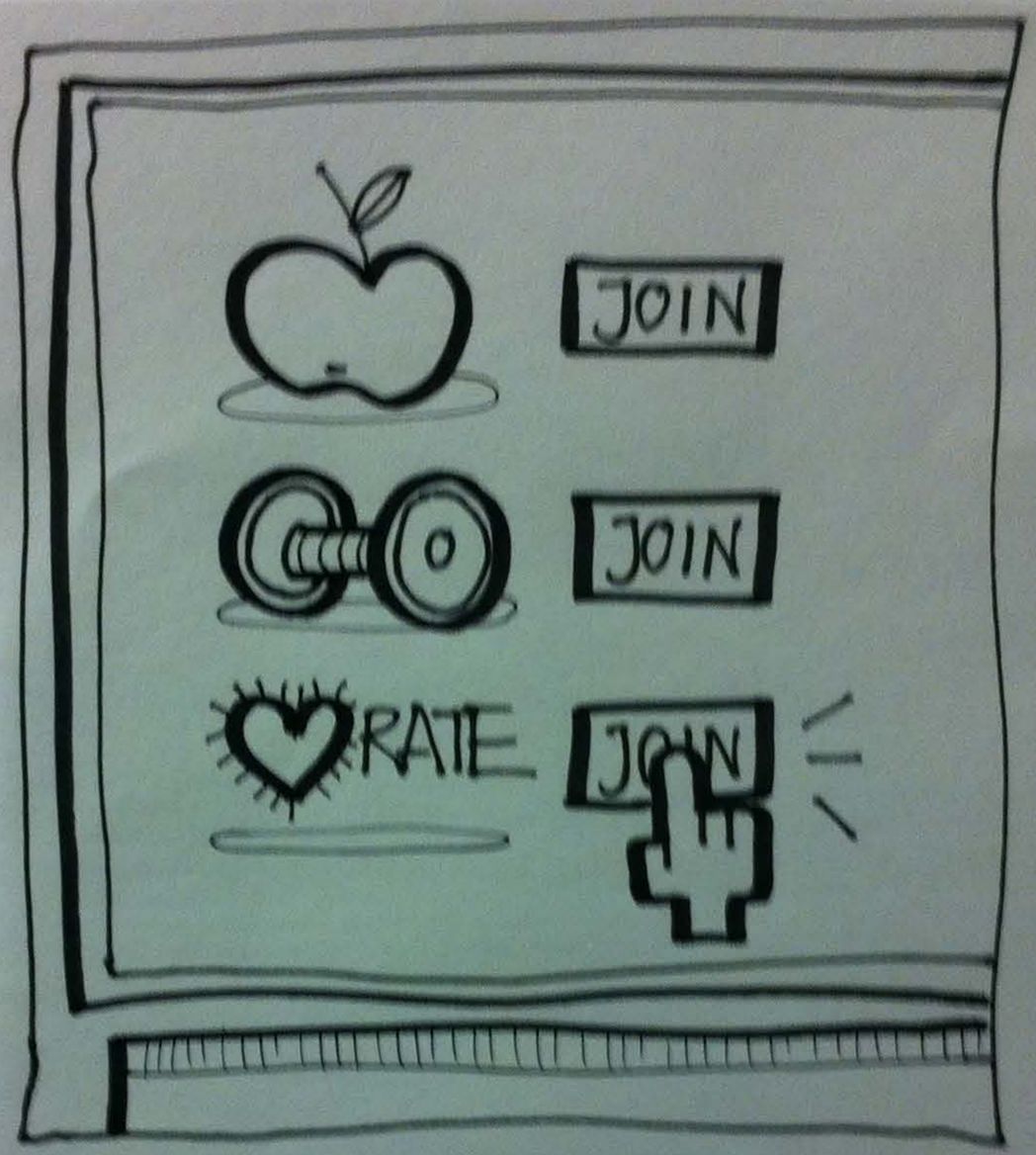


BRUGEREN KAN SÆTTE PERSONLIGE MÅL FOR SIG SELV...

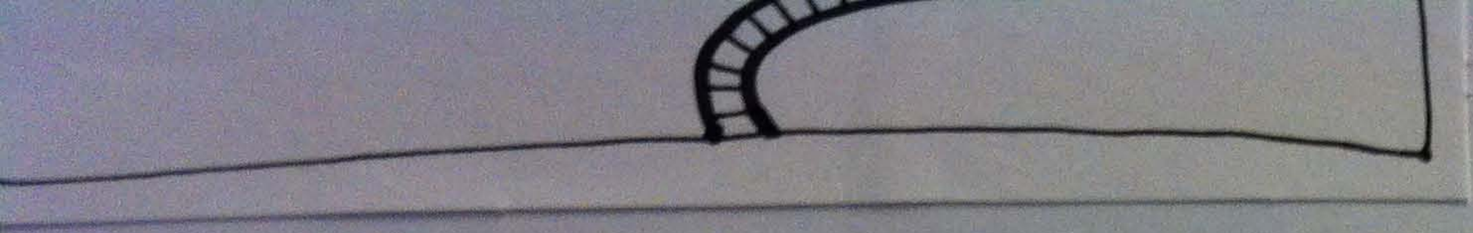
... OG NYDE GODT AF KALENDERENS PÅMIND-ELSESFUNKTION.

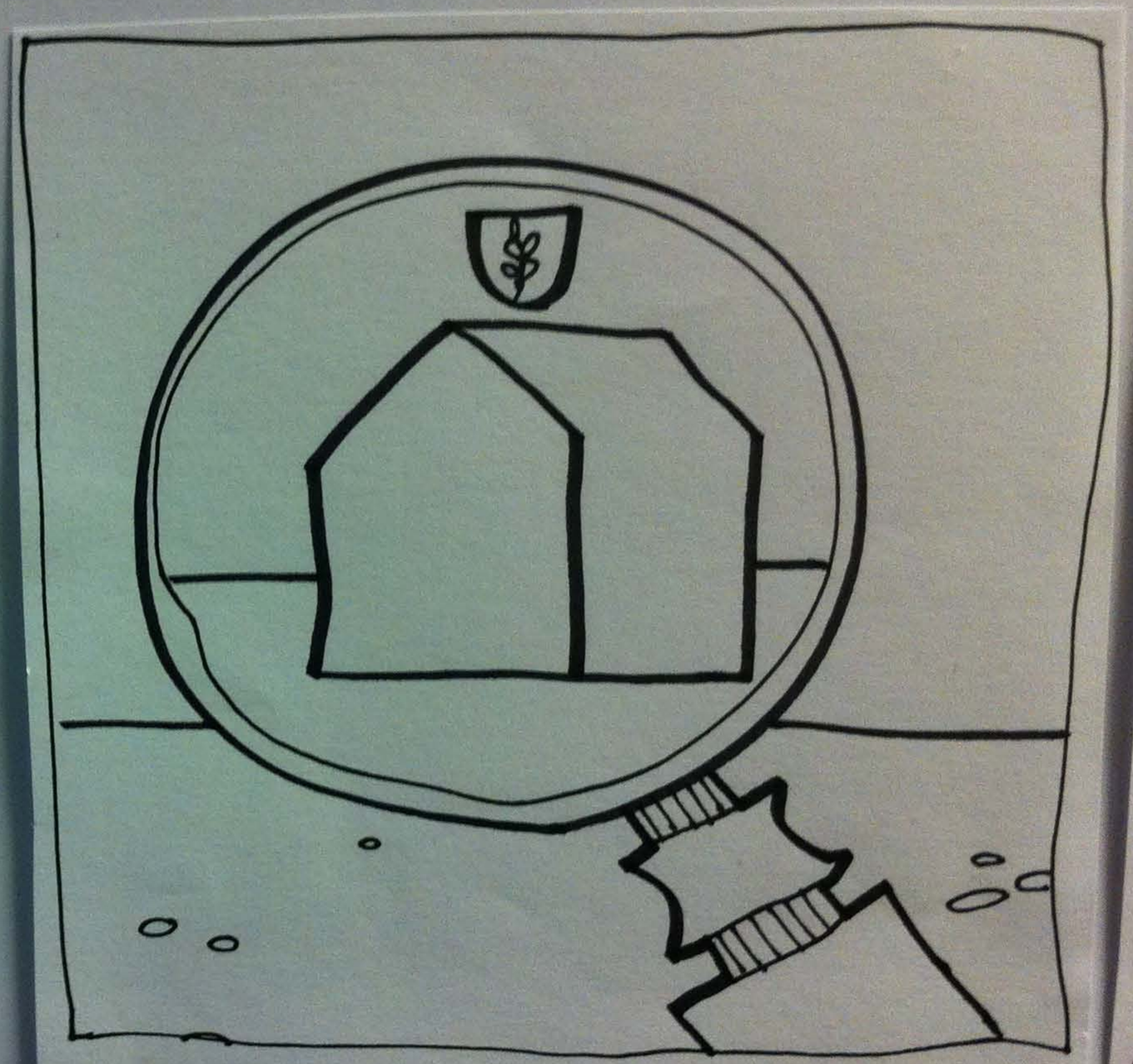
BRUGER
GRUPPE
OG TILME

. OG NYDE GODT AF
ALENDERENS PÅMIND-
ELSESFUNKTION.

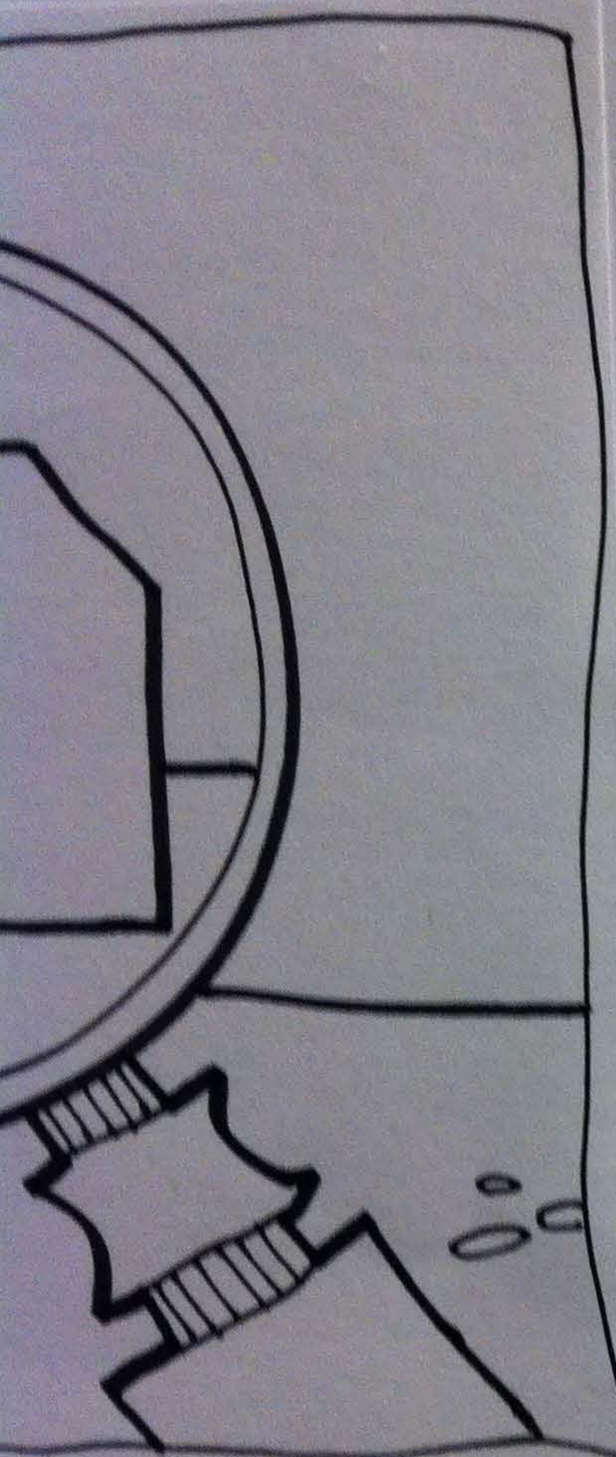


BRUGEREN FINDER FLERE
GRUPPER AF INTERESSE
OG TILMELDER SIN PROFIL.

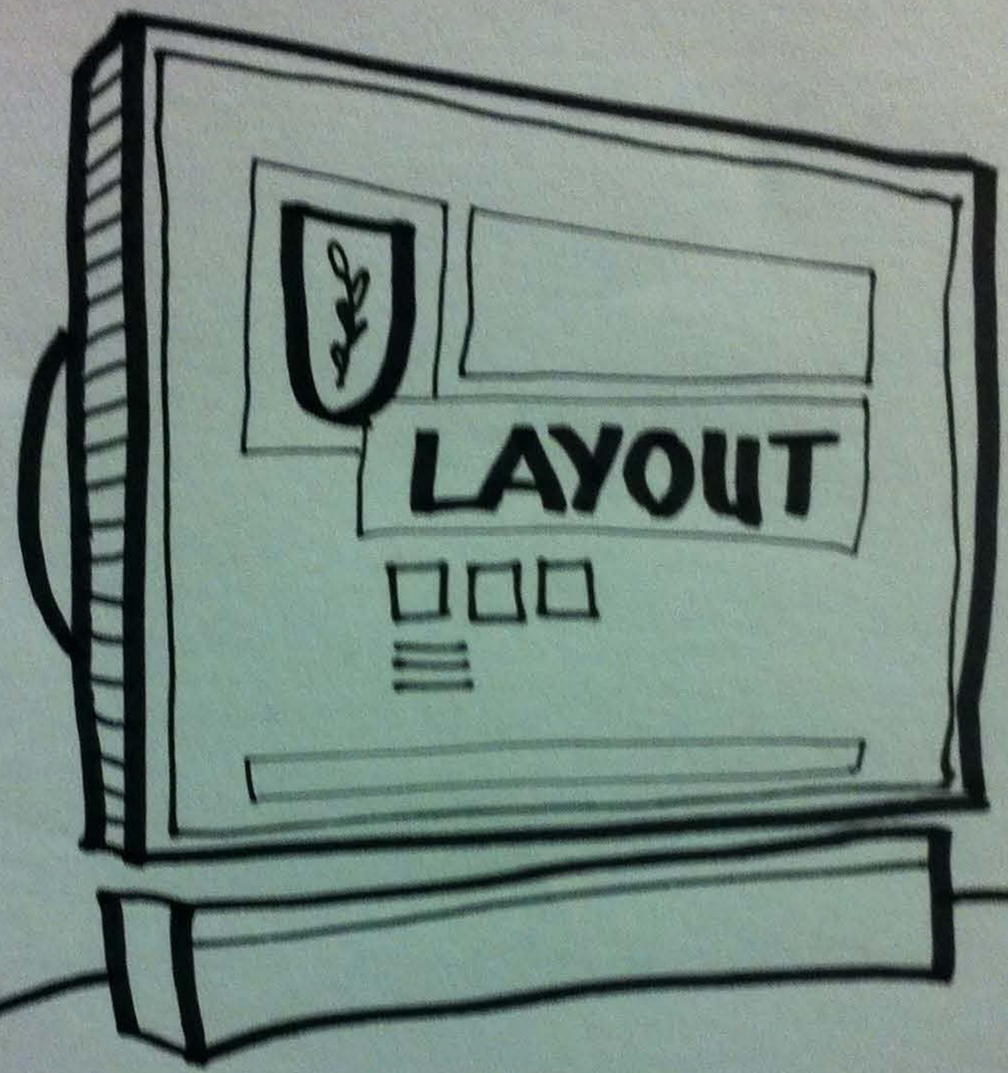




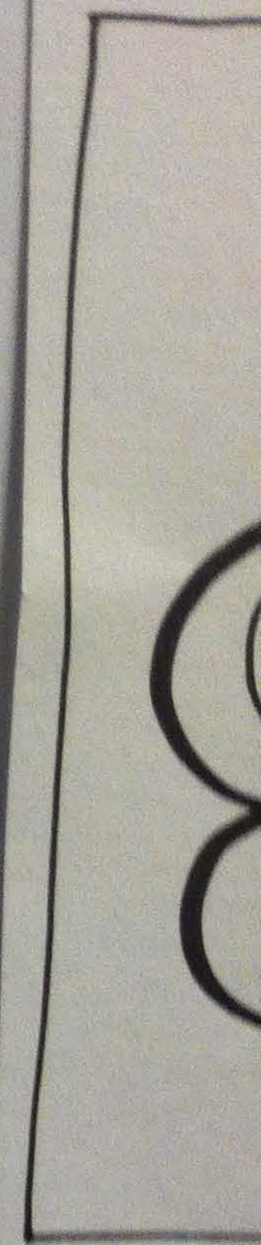
BRUGER: EN FYSISK / ADMINI-
STRATIV ENHED – FX. KOMMUNE,
TRÆNINGSCENTER & FORENING.



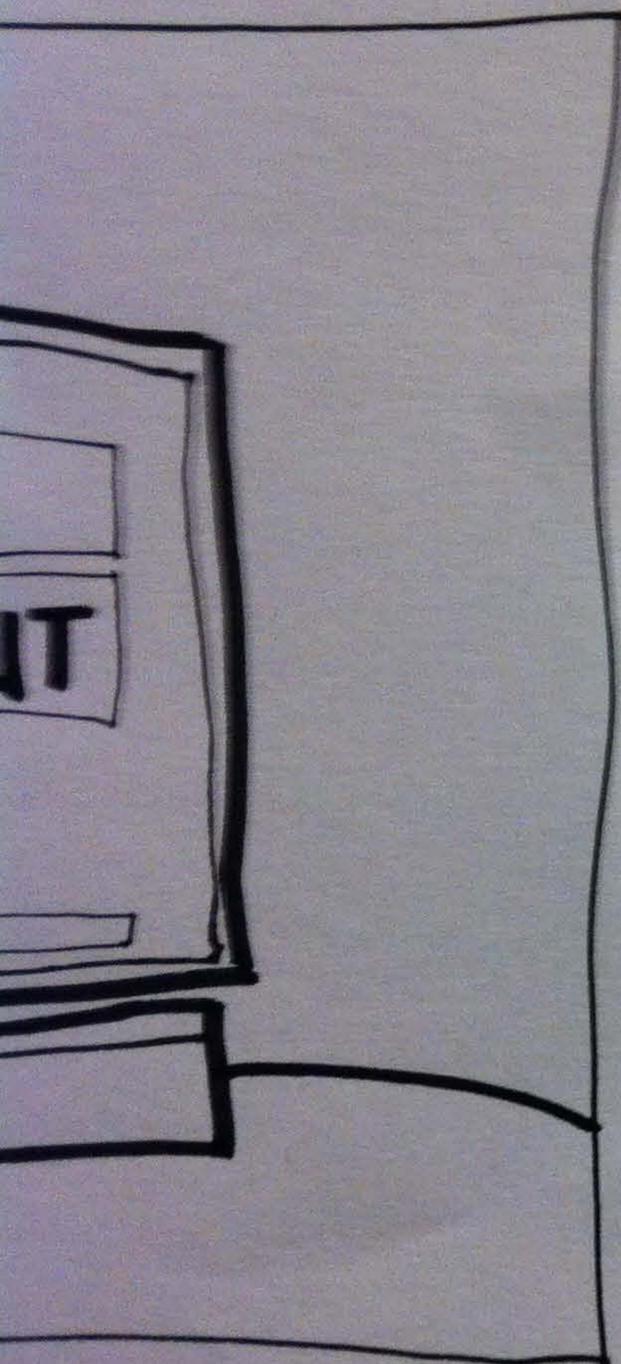
ysisk / Admini-
– fx. kommune,
& forening.



BRUGEREN DOWNLOADER OPEN SOURCE COMMUNITY SOFTWARE, OG SÆTTER DETTE OP I EGET DESIGN



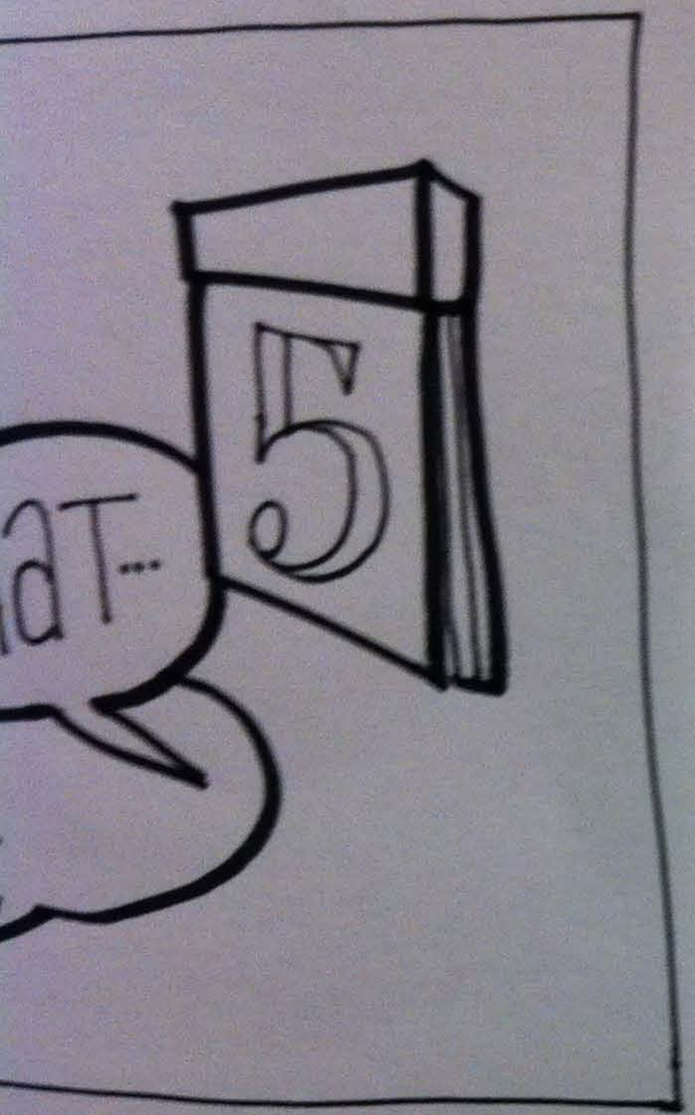
... Mo
CHAT.
PROFI
EFTER



ADER OPEN
SOFTWARE, OG
P I EGET DESIGN

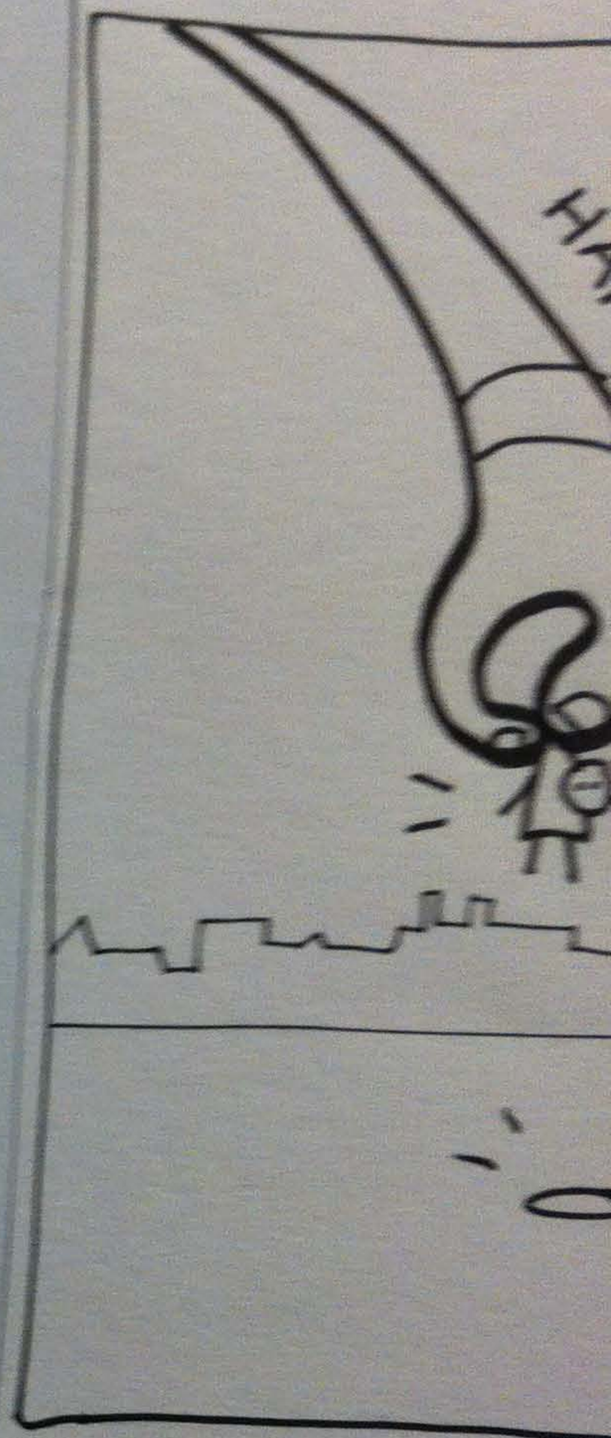
... MODULER SOM KALENDER, CHAT, FORUM, PERSONLIGE PROFILER ETC. TILFØJES EFTER BEHOV.

BRUGEREN
ADMINISTRA
SVAR FOR
MODERERE

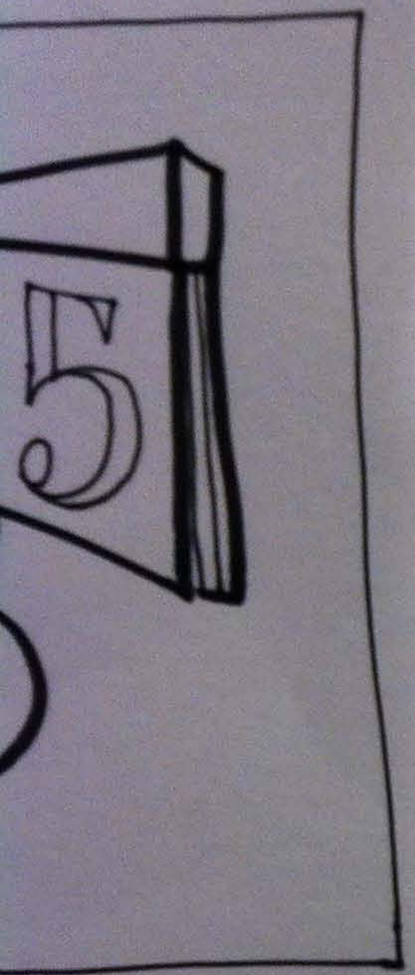


ULER SOM KALENDER,
FORUM, PERSONLIGE
LER ETC. TILFØJES
BEHOV.

BRUGEREN UDPEGER EN ADMINISTRATOR MED ANSVAR FOR AT OPDATERE, MODERERE DISKUSSIONER ETC.



BRUGEREN RE
TERER MEDLEM
TIL DET ONLINE
MUNITY GENNEM
PÅ HJEMMESIDE



SOM KALENDER,
PERSONLIGE
TC. TILFØJES
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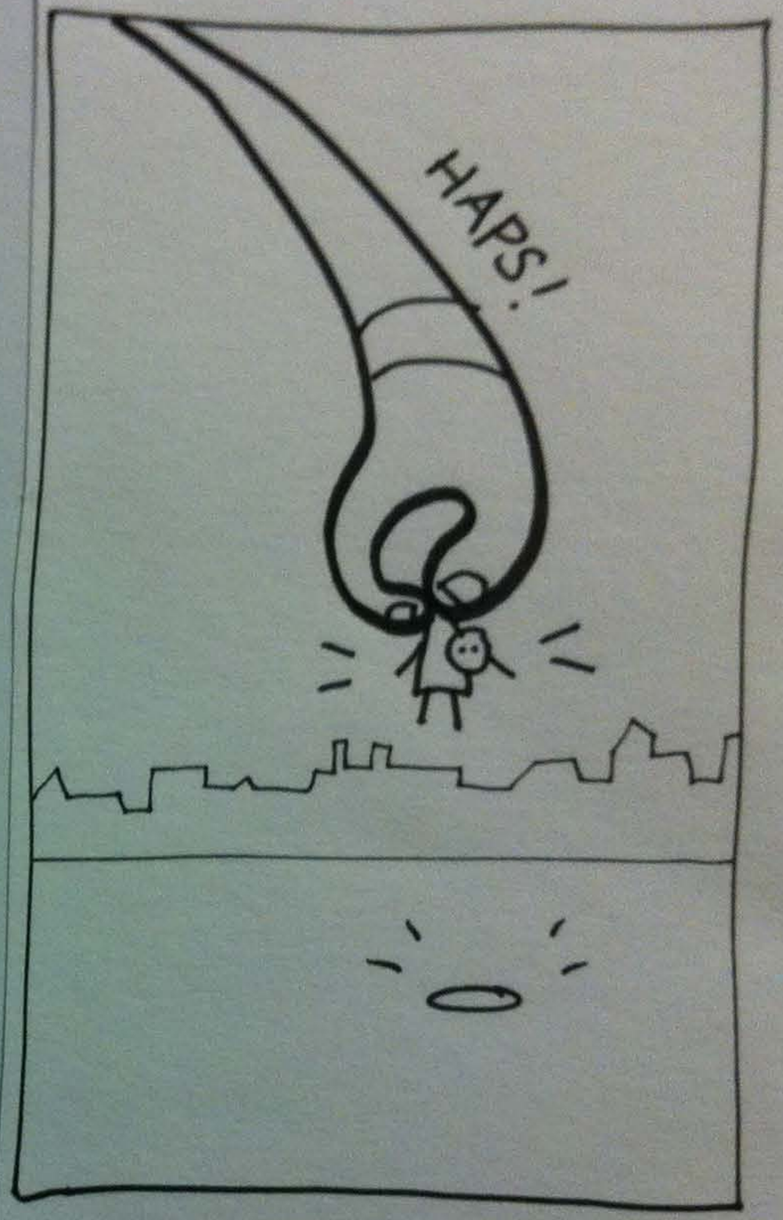
BRUGEREN UDPEGER EN ADMINISTRATOR MED ANSVAR FOR AT OPDATERE, MODERERE DISKUSSIONER ETC.



BRUGEREN REKRUTTERER MEDLEMMER TIL DET ONLINE COMMUNITY GENNEM LINKS PÅ HJEMMESIDER, SAMARBEJDER MED FORENINGER ETC.

SKAL LÆGEN KU HENVISE BORGERE TIL KOMMUNALT COMMUNITY?