

# Entertainment Modeling through Physiology in Physical Play

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## Abstract

This paper is an extension of previous work on capturing and modeling the affective state of entertainment (“fun”) grounded on children’s physiological state during physical gameplay. The goal is to construct, using representative statistics computed from children’s physiological signals, an estimator of the degree to which games provided by the playground engage the players. Previous studies have identified the difficulties of isolating elements of physical activity attributed to reported entertainment derived (solely) from heart rate recordings. In the present article, a survey experiment on a larger scale and a physical activity control experiment for surmounting those difficulties are devised. In these experiments, children’s Heart Rate (HR), Blood Volume Pulse (BVP) and Skin Conductance (SC) signals, as well as their expressed preferences of how much “fun” particular game variants are, are obtained using games implemented on the Playware physical interactive playground. Given effective data collection, a set of numerical features is computed from these measurements of the child’s physiological state. A comprehensive statistical analysis shows that children’s reported entertainment preferences correlate well with specific features of the recorded signals. Preference learning techniques combined with feature set selection methods permit the construction of user models that predict reported entertainment preferences given suitable signal features. The most accurate models are obtained through evolving artificial neural networks and are demonstrated and evaluated on a Playware game and a control task requiring physical activity. The best network is able to correctly match expressed preferences in 69.64% of cases on previously unseen data (p-value = 0.0022) and indicates two dissimilar classes of children: those that prefer constantly energetic play of low mental/emotional load; and those that report as fun a dynamic play that involves high mental/emotional load independently of physical effort. The generality of the methodology, its limitations, its usability as a real-time feedback mechanism for entertainment augmentation and as a validation tool are discussed.

*Key words:* Affective computing, Fun, Entertainment Modeling, Physical Games, Preference learning, Physiology, Heart rate, Blood volume pulse, Skin conductance

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## 36 1 Introduction

37 The principal goal in the reported work is to construct children-user models of  
38 a class of game-playing experience during physical play in the Playware play-  
39 ground platform. Specifically, the aim is a model that can predict the children’s  
40 answers to which variants of a given game are more or less “entertaining” (or  
41 “fun,” which is used synonymously in this paper). The word “fun” is used ex-  
42 tensively hereafter since it captures best, in our view, children’s notion of the  
43 term “entertainment” [1] and is the term used by the children when making  
44 their experimental self-reports. This approach is referred to as *Entertainment*  
45 *Modeling*. Entertainment generated by a physical game experience is captured  
46 through features extracted from the player’s physiological state and feature  
47 selection is used for choosing appropriate sets of features that successfully pre-  
48 dict expressed entertainment preferences. Game play experiences might very  
49 well be identified instead, or as well, through features extracted from user-  
50 game interaction. Furthermore, game play behavior could be video recorded  
51 and emotions could be recognized by experts or automatically through face  
52 gesture detection; however, these approaches are not the focus of this work.

53 Entertainment is a highly complicated mental state. However, it is correlated  
54 with sympathetic arousal [2] and this can be measured, as reported by re-  
55 searchers in the psychophysiological research field [3], using specific physi-  
56 ological signals such as heart rate variability (HRV) and skin conductivity.  
57 Although the impact on a subject’s physiological state of emotional engage-  
58 ment during computer game playing is well reported in the literature (see [2]  
59 among others), there are very few corresponding studies in the physical play  
60 domain.

61 Motivated by the lack of entertainment modeling approaches grounded on a  
62 player’s physiological state in physical play, the Playware [4] physical inter-  
63 active game platform has been used for recording Heart Rate (HR) signals  
64 of children during play [5]. In that study the complexity of isolating the HR  
65 elements of physical activity from expressed entertainment in physical games  
66 were outlined in game experiments with 56 child participants. This complex-  
67 ity was handled, in part, through a carefully designed control experiment of  
68 physical activity [5].

69 In the present article entertainment models are constructed using three alter-  
70 native preference learning techniques (large margin algorithm [6], meta-large  
71 margin algorithm and neuro-evolution) applied to statistical features derived  
72 from physiological signals measured during play and children’s self-report pref-  
73 erence data. The output of the constructed models is a real number  $y$  such  
74 that more enjoyable games receive higher numerical output and functions as  
75 an efficient predictor of reported entertainment preferences given suitable spe-

76 cific physiological signal features. Suitable input feature sets are constructed  
77 using two alternative feature selection schemes (n best features selection and  
78 sequential forward selection), the performances of which are compared. This  
79 basic approach of entertainment modeling is applicable to a variety of games,  
80 both computer [7] and physical [8,9,5] using features derived from physiologi-  
81 cal data and/or from the interaction of player and opponent measured through  
82 game parameters.

83 As a sequel to previous work [10,5] a new set of experiments for capturing en-  
84 tertainment preferences through physiology in physical play is presented here.  
85 This experiment expands the investigation of the physiological state’s relation  
86 to entertainment preferences from HR to include Blood Volume Pulse (BVP)  
87 and Skin Conductance (SC) signals; employs automatic techniques to identify  
88 important features for model construction; and compares preference learning  
89 methods as model-building tools. Moreover, the number of child participants  
90 is increased to 72 allowing for the creation of more accurate and generic user  
91 models. To control for elements of physical activity influencing the physiolo-  
92 gy of entertainment, an objectively (by human-verification) non-entertaining  
93 form of physical activity needs to be tested. For this purpose, a second game  
94 experiment, first introduced in [5], is employed, where a control physical activ-  
95 ity task with characteristics similar to game activity is compared with game  
96 activity by children.

97 A statistical analysis reveals that features extracted from HR and BVP that  
98 correspond to both physical and mental/emotional effort correlate significantly  
99 with expressed preferences. Moreover, preference learning attempts on single  
100 features indicate that the energy of the high frequency band of HRV (derived  
101 from power spectral analysis) constitutes the feature that performs best in  
102 predicting expressed preferences on unknown data. This feature, which is sup-  
103 pressed during mental or emotional stress [11,12], is highly anti-correlated to  
104 reported entertainment indicating high parasympathetic heart activity on pre-  
105 ferred games. This analysis also suggests that collecting physiological signals  
106 beyond HR, such as BVP, may provide more meaningful features (e.g. energy  
107 of the high frequency band of HRV) for capturing entertainment preferences  
108 of children in physical play.

109 Comparative studies between the two feature selection methods and the three  
110 preference learning approaches reveal that evolving Artificial Neural Network  
111 (ANN) models combined with sequential forward selection generate the high-  
112 est accuracy in classifying between preferred and not preferred Playware game  
113 variants. These models are trained and validated on game-play data obtained  
114 from the first (main) set of experimentation and then are evaluated using  
115 unseen data from the second game-play and control experiment set. The re-  
116 sults indicate that ANN user models able to predict children’s preferred game  
117 variants given suitable HR and HRV feature representations can indeed be

118 constructed and that such models not only distinguish game-play from game-  
119 like non-entertaining physical activity but also generalize (to some extent)  
120 over children’s individual preferences.

121 The paper concludes with a discussion of the limitations of the proposed  
122 methodology and of the extent to which it could be applied to other genres  
123 of digital entertainment. Its generic use as an efficient baseline for captur-  
124 ing reported entertainment in physical interactive games in real-time is also  
125 outlined.

## 126 **2 Capturing Entertainment through Physiology**

127 Measurements of physiological quantities have been used extensively within  
128 the affective computing research area for emotion recognition in children and  
129 adults. HR and HRV have been used to effect discrimination between children’s  
130 exploration, problem-solving and play tasks [13]. Experiments with two-year  
131 old children further showed suppression of HRV during exploration, and so-  
132 lution of a puzzle, suggesting that the task demands for these two activities  
133 were greater than those during play [14].

134 Correlations between physiological signals — galvanic skin response (GSR),  
135 jaw electromyography, respiration and cardiovascular measures — and re-  
136 ported adult user experiences in computer games have been examined by  
137 Mandryk et al. [2]. Statistical analysis yields a significant correlation only  
138 between GSR and reported “fun” in video games in that study. In [15], a  
139 fuzzy model with rules grounded in psychophysiology theory indicates that  
140 high arousal and positive valence (a combination corresponding to “fun” and  
141 excitement) is present when HR and GSR are high and the electromyography  
142 (EMG) in jaw corresponds to a smiling player. The model is validated against  
143 subjects’ reported “fun” through correlation-based statistical tests and pro-  
144 vides an objective notion of “fun” based on the relation between the data  
145 obtained and subjects’ expressed preferences.

146 Working on the same basis as Mandryk et al. [2], Ravaja et al. [16] examined  
147 whether the nature of the game opponent influences the physiological state of  
148 players. In addition, Hazlett’s [17] work focused on the use of facial EMG to  
149 distinguish positive and negative emotional valence during interaction with a  
150 racing video game.

151 Rani and colleagues’ preliminary experiments [18] are closely related to our  
152 work. They demonstrate appropriately adjusting the level of challenge in the  
153 game of ‘Pong’ using physiological signals recorded in real-time and subject’s  
154 self-reports of their emotional experiences during gameplay. The study, how-

155 ever, is primarily focused on anxiety level detection in real-time and involves  
156 a rather limited number of human participants. Physiological state (HR, SC)  
157 prediction models have also been proposed for potential entertainment aug-  
158 mentation in computer games [19].

159 Day-dependence and methodological conditions in capturing and classifying  
160 emotions when using physiological signal data raised by Picard et al. [20]  
161 are satisfied in the work described in this paper. All experiments described  
162 meet three of the five factors for eliciting genuine emotion in the most natural  
163 setup (*ibid.*): the experiments took place in a setup close to the *real-world* since  
164 children played in their school classroom, our emphasis was on internal *feelings*  
165 and subjects were not aware of the purpose of the experiment (*other-purpose*).  
166 Note that the study presented here is not focussed on the investigation of the  
167 long-term realistic physiology of children with regards to entertainment but  
168 rather the construction of a predictor of reported entertainment based on  
169 individual physiological signal features.

170 All of the studies referred to above use physiological measurements for cap-  
171 turing user experiences (e.g. “fun”, engagement or excitement) applied within  
172 the computer and edutainment games framework. Motivated by the innova-  
173 tive output of earlier studies on the interplay between HR signal features and  
174 reported entertainment in physical play domain [10,5,21] the work reported  
175 here is novel in that it examines physiological state (HR, BVP, SC) correlates  
176 of reported “fun” in physical activity games, attempts to isolate physiolog-  
177 ical signal features attributed to reported entertainment in such physically  
178 demanding games and proposes a way of constructing a subjective model (a  
179 predictor of user preferences) of reported “fun” grounded in statistical features  
180 of physiological signal dynamics.

### 181 **3 Test-bed Physical Games**

182 The Playware [4] prototype playground consists of building blocks (i.e. tangi-  
183 ble tiles) that allow for the game designer (e.g. the child) to develop a signifi-  
184 cant number of different games within the same platform. The overall techno-  
185 logical concept of Playware is based on physically implemented computational  
186 agents (the tiles) incorporating processing power, communication, input and  
187 output. The *Digiwall* [22] and *Age Invaders* [23] mixed-reality systems, the  
188 *Scorpiodome* [24] game system, the *STARS* [25] tabletop game and the *Ping-*  
189 *Pongplus* [26] digitally enhanced ping-pong game are platforms closely related  
190 to the augmented-reality Playware. See [4,8,5] for further details on the Play-  
191 ware playground.

192 The “Bug-Smasher” game is used as the test-bed game in the experiments

193 presented here. Bug-Smasher is developed on a  $6 \times 6$  square tile topology.  
194 During the game, different ‘bugs’ (colored lights) appear on the game surface  
195 and disappear sequentially after a short period of time by turning a tile’s light  
196 on and off respectively. A bug’s position is picked randomly according to a  
197 predefined level of bug spatial diversity. The child’s goal is to smash as many  
198 bugs as possible by stepping on the lighted tiles. Bug-smasher has been used  
199 as a test-bed in previous work; further details can be found in [27,8,10,5].

## 200 4 Experiment Setup

201 Following the experimental design proposed in [28,5] for effectively capturing  
202 the level of entertainment, the test-bed game under investigation is played in  
203 variants. For this purpose, different states (e.g. ‘Low’, ‘High’) of quantitative  
204 estimators of qualitative entertainment factors (e.g. challenge, curiosity and  
205 fantasy [29]) are used. (The reader may refer to [30,5] for an analysis of quan-  
206 titative measures of the challenge and curiosity factors in the Bug-Smasher  
207 game.) The combination of states/number of entertainment factors generates  
208 a pool of dissimilar games for the designer to investigate.

209 By experimental design (see [7,8] and Fig. 1), each subject plays against  $k$  of  
210 the  $n$  variants of the selected game in all permutations of pairs.  $k$  equals 2  
211 and  $n$  equals 9 in the main experiment presented in this paper. Thus,  $C_k^n$  is  
212 the required number of subjects to cover all combinations of  $k$  out of  $n$  game  
213 variants. More specifically, each child plays games in pairs (game  $A$  and game  
214  $B$ ) — differing in the levels/states of one or more of the selected entertainment  
215 factors — for a selected time window. Each time a pair of games (‘game pair’)  
216 is finished, the child is asked whether the first game was more “fun” than the  
217 second game (pairwise preference). Children are not interviewed but are asked  
218 to fill in a questionnaire, minimizing the interviewing effects reported in [2]. To  
219 minimize any potential order effects we let each child play the aforementioned  
220 games in both orders. Statistical analysis of the effect of order of game playing  
221 on children’s judgement of entertainment indicates the level of randomness in  
222 children’s preferences (see Section 4.1.1 and Section 4.2.1). Randomness is  
223 apparent when the child’s expressed preferences are inconsistent for the pair  
224  $(A, B)$ ; i.e.  $A \succ B$  and  $B \succ A$ .

225 All subjects are given the same instructions by an experimenter who is unaware  
226 of the purpose of the experiment (see Fig. 1). No further oral or eye-contact  
227 communication takes place during experiment tasks and questionnaire, mini-  
228 mizing experimenter expectancy effects [31]. The playing time window chosen  
229 (90 seconds in this paper) is a compromise between effective data collection  
230 (long enough subject-game interaction to support a relative judgement) and  
231 not overstressing children with excessive periods of energetic physical play.

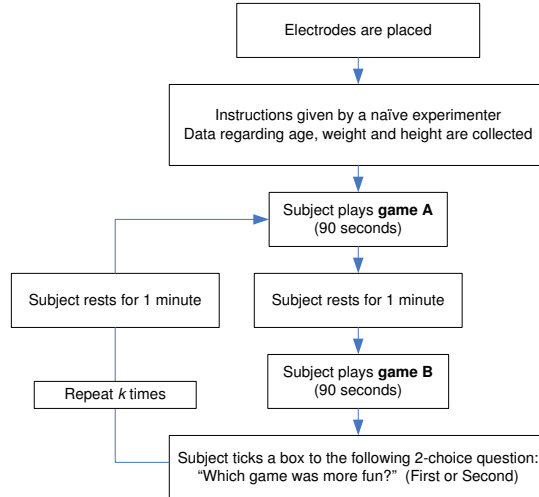


Fig. 1. General phases of the experimental setup followed

232 Capture of emotions, such as entertainment, is considered, in general, a hard  
 233 problem mainly because understanding emotion is hard [20]. Capturing reports  
 234 of playing experiences or emotions is still tough since data obtained embed  
 235 experimental noise and subjectivity. As previously mentioned, a pairwise pref-  
 236 erence scheme (2-alternative forced choice: 2-AFC) is used in self-reports of  
 237 children. 2-AFC offers several advantages for subjective entertainment capture:  
 238 it minimizes the assumptions made about subjects' notions of "fun" and  
 239 allows a fair comparison between the answers of different subjects. Since the  
 240 focus is to construct a model relating reported entertainment preferences to  
 241 individual playing features that generalizes over the reports of different play-  
 242 ers, 2-AFC is preferred to a ranking approach [2]. On the other hand, 2-AFC  
 243 generates "noise" in those cases where the subject has no strong preference  
 244 to express. The extent to which this "noise" is non-random is detected by the  
 245 order effect statistics mentioned above.

246 Heart rate  $h$ , blood volume pulse  $b$  and skin conductance  $s$  are the three signals  
 247 recorded during gameplay in all experiments presented in this article. These  
 248 signals are selected because of their popularity among physiological signals  
 249 used in affective computing studies [2] and their correlation to sympathetic  
 250 arousal. Several studies have reported the direct correlation between HR and  
 251 sympathetic arousal (see [3] among others). Moreover, BVP signals can dis-  
 252 play changes in sympathetic arousal since the sympathetic nervous system  
 253 controls the size of the blood vessels (vasomotor activity): an increase in the  
 254 BVP amplitude indicates greater blood flow to the peripheral vessels (e.g.  
 255 fingertips) and consequently decreased sympathetic arousal [20]. BVP signals  
 256 are obtained through photoplethysmography which is the process of applying  
 257 a light sensor to an appendage (e.g. fingertip), and measuring the light that is  
 258 reflected by the skin. Finally, changes in skin conductance reflect changes in  
 259 the level of arousal in the sympathetic nervous system. Increased SC indicates

260 heightened sympathetic nervous system arousal [20,2]. To measure SC, a small  
261 voltage is applied through two electrodes to the skin (e.g. fingertip) and the  
262 skin’s current conduction is measured.

263 For measuring the above-mentioned signals, the Thought Technologies Pro-  
264 Comp Infiniti biosensing system is used, which is housed in a custom-  
265 designed belt worn by children with three sensors (two electrodes for SC and  
266 one photo sensor for BVP) placed on their fingertips. By using small and ac-  
267 curate commercial apparatus such as ProComp Infiniti in the least intrusive  
268 way we attempt to minimize (psychological) experiment effects caused by the  
269 presence of recording devices. BVP and SC signals are sampled 256 times per  
270 second whereas HR ( $h$ ) instances are automatically computed by ProComp  
271 Infiniti through the inter-beat time intervals of the BVP signal and stored  
272 every 5 seconds. Note that in the presented studies subjects played all their  
273 assigned games on the same day, mitigating day-dependence effects on their  
274 physiology [20]. Cultural differences in the impact of affect on physiology may  
275 also be present but are not examined here.

#### 276 4.1 *Main Experiment*

277 Seventy two normal-weighted (based on their body mass index) children whose  
278 ages cover a range between 8 and 10 years participated in the main experi-  
279 ment presented here. 9 Bug-Smasher game variants were created by varying  
280 two entertainment factors, challenge (bugs’ speed) and curiosity (bugs’ spa-  
281 tial diversity), with three states each (‘Low’, ‘Average’ and ‘High’). The 72  
282 children were asked to play a pair of Bug-Smasher variants according to the  
283 protocol presented above.

284 Out of the total number of 288 games played in this experiment, in 230 games  
285 (115 game pairs) and 170 games (85 game pairs) the BVP (and HR) and SC  
286 signals respectively were properly recorded. In the remaining games, physio-  
287 logical data was lost because of hardware failure. Malfunction of the recording  
288 device (electrodes and data transmission) during the game was the main cause  
289 of the recording failure. Electrode misplacement due to movement of very en-  
290 ergetic children appears to be the most common factor of data loss. While a  
291 loss of data up to 40% (SC signal) of the experimental games is substantial,  
292 there is no reason to suppose that the hardware failure has any particular  
293 bias with respect to experimental hypothesis. The set of signal time series  
294 collected from 85 game pairs of the main experiment where all three signals  
295 were correctly recorded underlies the analysis presented in this paper

#### 296 4.1.1 Order Effects

297 To avoid any order effect of playing on physiology we allow each child one  
298 minute to rest in between the two games of each pair. This amount of time is  
299 generally adequate for the child’s arousal to drop to the level it was just before  
300 the first game started, as observed in previous studies [5]. Indicatively, a t-test  
301 for means of paired samples demonstrates no significant difference in both the  
302 initial HR ( $t = -0.412$ , p-value = 0.341) and the initial SC ( $t = -0.912$ ,  
303 p-value = 0.182) values between the two games of the pair.

304 To check whether the order of playing Playware games affects the children’s  
305 judgement of entertainment, we follow the order testing procedure previously  
306 described in [5] which is based on the times that the subject prefers the first  
307 or the second game in both pairs. This statistical analysis, introduced in [27],  
308 shows that no significant order effect occurs ( $r_c = -0.102$ , p-value = 0.224).  
309 The reported insignificant order effect also, in part, demonstrate that effects  
310 such as a child’s possible preference for the very first game played and the  
311 interplay between reported entertainment and familiarity with the game are  
312 statistically insignificant.

#### 313 4.2 Controlled Physical Activity Experiment

314 In a physical game context, the degree to which a game is entertaining influ-  
315 ences the physical engagement of the player, and hence the intensity of the  
316 physical activity as well as (possibly) the kind of physical activity. To control  
317 for the former, we designed an additional experiment where the physical activ-  
318 ity control is achieved through a non-entertaining variant of the Bug-Smasher  
319 game named the “Stomping game.” Experiments with this game were first  
320 introduced in [5] following a good suggestion from an anonymous reviewer.

321 The Stomping game is as follows. Children are asked to stomp on a different  
322 one of four constantly lighted tiles of different color each time they hear a sound  
323 coming from the game platform. The four tiles are placed at the corners of a  $3 \times$   
324  $3$  square in the center of the  $6 \times 6$  platform; two tiles equals the average distance  
325 between bugs appearing in the Bug-Smasher game. The sound determining the  
326 frequency of child-game interaction occurred at a rate equal to the average of  
327 the bug appearance rates of the two different levels of challenge used in the  
328 Bug-Smasher game.

329 This control game is designed on the basis of Malone’s studies, in which fea-  
330 tures of the studied game are subtracted and the effect such changes have on  
331 children’s entertainment is investigated [29]. The Stomping game eliminates  
332 putative entertaining features from Bug-Smasher while retaining a similar re-  
333 quirement for physical activity, making it an appropriate control. Crucially, it

334 lacks an essential element for successful game design, which is the provision  
335 of an apparent goal for the user [29]. Moreover, the curiosity entertainment  
336 feature is minimal since the game is completely predictable and interaction  
337 is absent in that the playground does not react to the child’s actions (i.e.,  
338 bugs are not smashed — turn red and disappear — when pressed as they do  
339 in Bug-Smasher). Given these changes, one would not expect the Stomping  
340 game to be entertaining for children; and children’s self-reports confirm that  
341 in the majority of cases this is so.

342 For the control experimental protocol, we asked 18 naïve normal-weighted  
343 children (9 boys and 9 girls) aged 8 to 10 years to play 5 games each on  
344 the Playware platform. The set of 5 games played comprised 4 games of Bug-  
345 Smasher, in two pairs, and the physical activity control game referred to above.  
346 As in the main experiment, two game variants with differing levels of challenge  
347 and curiosity were played in both orders, giving four Bug-Smasher variant  
348 games plus the control game.

349 All details regarding the protocol of the experiment follow the principles of  
350 the experimental setup described above. To minimize order effects involving  
351 the control game, the Stomping game is placed either first, third or last in the  
352 sequence of five games played with equal probability. Additionally, children  
353 complete the comparison questionnaire after games 2, 3, 4 and 5, resulting in  
354 four fun comparisons (expressed preferences) between games 1–2, 2–3, 3–4, and  
355 4–5, for each child to report. That provides a total of 72 (18 children times  
356 4 comparisons) “fun” comparisons including 10 “fun” comparisons between  
357 identical game variants which are not further considered, 24 “fun” compar-  
358 isons between a Bug-Smasher game variant and the Stomping game, and 38  
359 “fun” comparisons between different variants of the Bug-Smasher game. The  
360 game pairs under investigation are thus 62 in total. In the “fun” comparisons  
361 between the Bug-Smasher game and the Stomping game, children expressed  
362 a preference for the Bug-Smasher game in 22 out of 24 cases — confirming  
363 the expectation that the Stomping game is a comparatively non-entertaining  
364 physical game. All three physiological signals were recorded correctly in 56 out  
365 of 62 game pairs of the control experiment, reflecting a loss of approximately  
366 10% of data due to hardware failure of the biosensor system.

#### 367 *4.2.1 Order Effects*

368 Following the protocol of the main experiment, we allow each child one minute  
369 to rest between two sequential games in order to avoid any order effect of  
370 playing on physiological signals. Paired sample t-tests for means of the initial  
371 HR ( $t = 0.689$ , p-value = 0.493) and SC ( $t = 0.922$ , p-value = 0.179) values  
372 show that the child’s arousal at the start of the two games is well matched.

373 To check whether the order of playing the games of control experiment affects  
374 the children’s expressed entertainment preferences, we use the same procedure  
375 presented in Section 4.1.1. However, when the stomping game is placed either  
376 first or last in the game sequence we are not considering the Stomping-Bug  
377 smasher (first or last) game pair whereas when the control game is placed  
378 in the middle the procedure is based on counting the times that the subject  
379 prefers the first or the second game in the Stomping-Bug smasher game pair  
380 only. The obtained  $r_c$  value is  $-0.166$  with corresponding p-value is  $0.2025$ ,  
381 demonstrating that the order of play does not significantly affect children’s  
382 preferences.

## 383 5 Features Extracted

384 While no transform methodology is applied for the HR signal, the BVP and  
385 SC raw signals of both the main and the control experiment are noise-filtered  
386 via truncation of their discrete Fourier transform (DFT). A spectral threshold  
387 of 20% of the DFT maximum amplitude is used for the experiments presented  
388 here. Measurement units for HR, BVP and SC are respectively heart beats per  
389 minute (bpm), percent of blood vessel pressure (BVP is a relative measure)  
390 and micro-Siemens ( $\mu S$ ), an SI measure of conductance (inverse of megohm).  
391 Given the noise-filtered signals, the following features are extracted for each  
392 signal type:

393 **HR** Features extracted from the HR signal are presented in Table 1. In ad-  
394 dition to those features, three different regression models were used to fit  
395 (least square fitting) the HR signal: linear, quadratic and exponential. The  
396 additional features were the parameters of the three regression models men-  
397 tioned above.

398 **BVP** Table 2 presents the features extracted from the BVP signal. Moreover,  
399 given the inter-beat (RR) time intervals of the BVP signal the following  
400 Heart Rate Variability (HRV) parameters were computed:

- 401 • HRV - time domain: the standard deviation of RR intervals  $\sigma\{RR\}$ , the  
402 fraction of RR intervals that differ by more than 50 msec from the previous  
403 RR interval  $pRR50$  and the root-mean-square of successive differences of  
404 RR intervals  $RMS_{RR}$  [12].
- 405 • HRV - frequency domain: the frequency band energy values derived from  
406 power spectra obtained using discrete Fourier transformation; energy val-  
407 ues are computed as the integral of the power of each of the following four  
408 frequency bands (see [12,33] among others): Ultra Low Frequency (ULF)  
409 band:  $[0.0, 0.0033]$  Hz; Very Low Frequency (VLF) band:  $(0.0033, 0.04]$   
410 Hz; Low Frequency (LF) band:  $(0.04, 0.15]$  Hz and High Frequency (HF)  
411 band:  $(0.15, 0.4]$  Hz.

412 **SC** All extracted features used for the HR signal. Additional features include

Table 1  
Features extracted from the HR signal.

Feature	Description
$E\{h\}$	Average HR.
$\sigma\{h\}$	Standard deviation of HR.
$\min\{h\}$	Minimum HR.
$\max\{h\}$	Maximum HR.
$D_h$	Difference between maximum and minimum HR ( $D_h = \max\{h\} - \min\{h\}$ ).
$R_h$	Correlation coefficient between HR recordings and the time $t$ at which data were recorded.
$\rho_1^h$	Autocorrelation (lag equals 1) of the HR signal.
$h_{in}$	Initial HR recording.
$h_{last}$	Last HR recording.
$t_{max}^h$	Time when maximum HR occurred.
$t_{min}^h$	Time when minimum HR occurred.
$t_{max}^h - t_{min}^h$	The time difference between maximum and minimum HR.
$ApEn_h$	Approximate entropy [32] of the signal which quantifies the unpredictability of fluctuations in the HR time series (see [5] for further details on $ApEn$ ).

Table 2  
Features extracted from the BVP signal.

Feature	Description
$E\{b\}$	Average BVP.
$\sigma\{b\}$	Standard deviation of BVP.
$\min\{b\}$	Minimum BVP.
$\max\{b\}$	Maximum BVP.
$E\{IBAmp\}$	Average inter-beat amplitude.
$\delta_{ 1 }^b$	Mean of the absolute values of the first differences of the BVP signal [20].
$\delta_{ 2 }^b$	Mean of the absolute values of the second differences of the BVP signal [20].

413 the mean of the first and second differences of the raw SC ( $\delta_1^s$  and  $\delta_2^s$  respec-  
414 tively) and the mean of the absolute values of the first and second differences  
415 of the SC signal ( $\delta_{|1|}^s$  and  $\delta_{|2|}^s$  respectively).

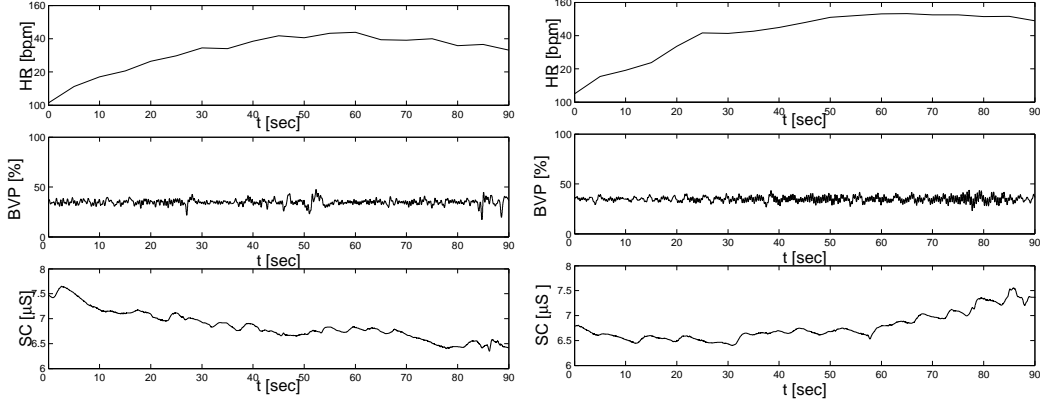
416 Other statistics are also possible; however, the choice of the specific statis-  
417 tical features was made in order to cover a decent amount of the HR, BVP  
418 and SC signal dynamics proposed in the majority of previous studies in the  
419 field [20,12,5]. Fig. 2 illustrates an example of the physiological signal dy-  
420 namics recorded from two different children playing a pair of Bug-Smasher  
421 games. Fig. 2(b) and Fig. 2(d) correspond to the game selected by the child as  
422 more entertaining of the two. For reasons of space, we present the physiology  
423 dynamics of only two nevertheless representative game pairs. Note that the  
424 qualitative features of the signals are similar for all children that participated  
425 in the main and control experiments. For the HR signal, the general obser-  
426 vation is an initial rapid increase of HR during the first seconds of the game  
427 followed by a stable, but noisy, condition of high HR values. Moreover, the  
428 general trend is that HR is heightened in preferred games compared to non-  
429 preferred games (see Fig. 2). Preferred games appear to generate decreased  
430 BVP amplitude and increased SC indicating possible heightened sympathetic  
431 arousal (see Fig. 2(b) and Fig. 2(d)).

432 Even though there appear to be correlations between signal dynamics and  
433 entertainment preferences a statistical analysis of the extracted features and  
434 a preference learning methodology will better determine the extent to which  
435 each statistical feature has an impact on reported entertainment.

### 436 5.1 Main Data Set Statistical Analysis

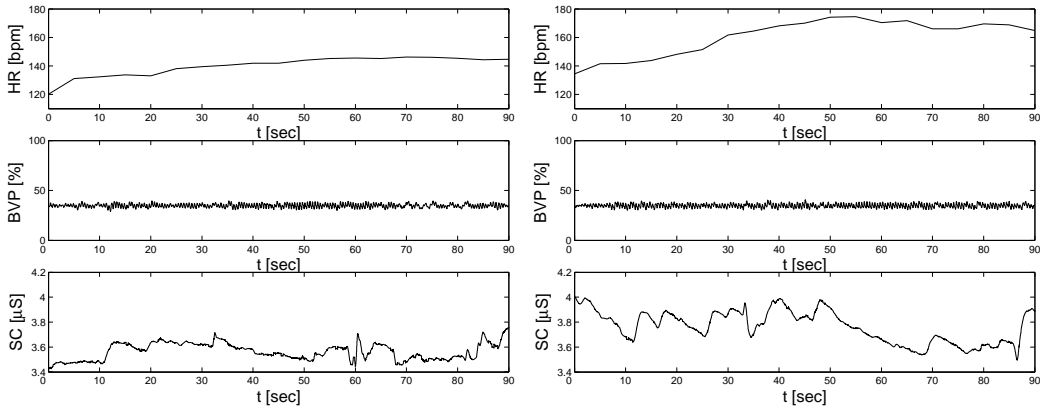
437 This section presents an analysis for exploring statistically significant cor-  
438 relations between children’s expressed preferences and recorded physiologi-  
439 cal signal features in the main experiment. The above-mentioned correlation  
440 coefficients are obtained through  $c(\vec{z}) = \sum_{i=1}^{N_s} \{z_i/N_s\}$ , where  $N_s$  is the to-  
441 tal number of game pairs where physiological signals were properly recorded  
442 ( $N_s = 115$  for HR and BVP and  $N_s = 85$  for SC) and  $z_i = 1$ , if the subject  
443 chooses as the more entertaining game the one with the larger value of the  
444 examined feature and  $z_i = -1$ , if the subject chooses the other game in the  
445 game pair  $i$ .

446 Within the HR signal extracted features, significant correlations are observed  
447 between average and maximum HR and reported entertainment preferences  
448 (see Table 3). These effects are consistent with the significant correlations  
449 of both  $E\{h\}$  and  $\max\{h\}$  on physiological data obtained from previous ex-  
450 periments using the Bug-Smasher game [10,5]. Within the class of features  
451 extracted from the BVP signal, significant effects are observed on the mean of  
452 the absolute values of both the first and the second differences of the raw signal  
453 ( $\delta_{|1|}^b, \delta_{|2|}^b$ ) and on the energy of the HF band. On the contrary, no significant  
454 effect appears in the class of SC features.



(a) Subject no. 11: Non-preferred (non-“fun”) game of the pair

(b) Subject no. 11: Preferred (“fun”) game of the pair



(c) Subject no. 19: Non-preferred (non-“fun”) game of the pair

(d) Subject no. 19: Preferred (“fun”) game of the pair

Fig. 2. Example of the HR, BVP and SC signals obtained through the main experiment in two pairs of Bug-Smasher game: A subject (no. 11) plays a game of *Low* challenge and *Average* curiosity (a) and then a game of *High* challenge and *Average* curiosity (b). Another subject (no. 19) plays a game of *Average* challenge and *Low* curiosity (d) and then a game of *High* challenge and *Low* curiosity (c).

Table 3

Correlation coefficients between reported entertainment and individual physiological features. For reasons of space, the three highest absolute correlation coefficient values for each physiological signal type are ranked and presented here.  $\gamma_s$  is the parameter of the quadratic regression ( $s_Q(t) = \beta_s t^2 + \gamma_s t + \epsilon$ ) on the SC signal which quantifies the rotation angle with respect to the x-axis of the quadratic curve. Statistically significant effects appear in bold.

HR	$c(\vec{z})$	BVP	$c(\vec{z})$	SC	$c(\vec{z})$
$E\{h\}$	<b>0.224</b>	$\delta_{ 1 }^b$	<b>0.216</b>	$E\{s\}$	0.167
$\max\{h\}$	<b>0.209</b>	$\delta_{ 2 }^b$	<b>0.216</b>	$\gamma_s$	0.119
$\min\{h\}$	0.179	HF	<b>-0.216</b>	$\sigma\{s\}$	-0.119

455 Obtained effects demonstrate that the higher the  $\delta_{|1|}^b$  and  $\delta_{|2|}^b$  values, the steeper  
456 the BVP signal and the higher the expressed “fun” preferences of children.  
457 Moreover, the lower the energy of the HRV HF band — which is driven by  
458 respiration and appears to derive mainly from vagal activity [12] — the more  
459 children appear to be entertained. Specifically, the energy of the HF range,  
460 representing quicker changes in HR, is primarily due to parasympathetic ac-  
461 tivity of the heart which is decreased during mental or stress load [11,12]. This  
462 analysis which is introduced in [21] suggests the conclusion that high mental  
463 or stress load appear to be the main factors that guide a child to prefer a game  
464 variant more than another.

## 465 5.2 Control Data Set Statistical Analysis

466 By following the statistical analysis presented in Section 5.1 the correlation co-  
467 efficients between children’s entertainment preferences and physiological signal  
468 features are obtained for the control data set. Here,  $N_s$  equals 56 for all three  
469 signal types. As seen in Table 4, average, maximum and approximate entropy  
470 of the HR signal demonstrate significant correlations with reported entertain-  
471 ment preferences. HF energy, the root mean square of successive differences  
472 ( $RMS_{RR}$ ) and the standard deviation ( $\sigma\{RR\}$ ) of the inter-beat (RR) inter-  
473 vals are the respective significantly correlated features derived from the BVP  
474 signal.

475 These effects are, in part, consistent with the statistical correlations obtained  
476 from the main data set which demonstrates the generality of the effect of  
477 specific features ( $E\{h\}$ ,  $\max\{h\}$ , HF) to reported entertainment over different  
478 set of experiments. (Note that, the significant effect of  $E\{h\}$  has already been  
479 observed in experiments with dissimilar Playware game test-beds in previous  
480 studies [10,5].) Moreover, it appears that this generality extends to objectively  
481 non-entertaining physical games (i.e. Stomping game).

482 The obtained statistically significant effects assume a linear relation between  
483 the respective features and reported entertainment which may (or may not)  
484 provide insight into the appropriate set of features on which to build a suc-  
485 cessful non-linear model of reported entertainment using preference learning.  
486 However, no safe conclusion can be derived for the appropriate feature subset  
487 before the proposed machine learning methodology is applied (see Section 6).

Table 4

Correlation coefficients between reported entertainment and individual physiological features of control data set. For reasons of space, the three highest absolute correlation coefficient values for each physiological signal type are ranked and presented here. Statistically significant effects appear in bold.

HR	$c(\vec{z})$	BVP	$c(\vec{z})$	SC	$c(\vec{z})$
$E\{h\}$	<b>0.393</b>	HF	<b>-0.285</b>	$E\{s\}$	0.178
$\max\{h\}$	<b>0.357</b>	$RMS_{RR}$	<b>-0.285</b>	$\sigma\{s\}$	-0.142
$ApEn_h$	<b>-0.25</b>	$\sigma\{RR\}$	<b>-0.25</b>	$t_{max}^s$	-0.142

## 488 6 Machine Learning

489 The proposed approach to entertainment modeling is based on selecting a (con-  
 490 strained) minimal subset of individual features and constructing a quantitative  
 491 user model that predicts the subject’s reported entertainment preferences. The  
 492 assumption is that the entertainment value  $y$  of a given game, which models  
 493 the subject’s internal response to playing the game, that is, how much “fun”  
 494 it is, is an unknown function of individual features which a machine learn-  
 495 ing mechanism can learn. The subject’s expressed preferences constrain but  
 496 do not specify the values of  $y$  for individual games but we assume that the  
 497 subject’s expressed preferences are consistent.

498 Constraint satisfaction algorithms cannot solve the problem since the vari-  
 499 able  $y$  under the constraint  $y_A > y_B$  for any two given games  $A$  and  $B$  has  
 500 no specific domain values. Likewise, any machine learning which is based on  
 501 learning a target output is inapplicable since target outputs are unknown. By  
 502 the use of a ranking approach numerical values for the  $y$  variable could be  
 503 made available; however, ranking is an undesired method for the self-report  
 504 design of comparative “fun” analysis for the disadvantages mentioned earlier.  
 505 Preference learning [34] is the only applicable type of machine learning for  
 506 this constrained classification problem. There are several techniques that learn  
 507 from a set of pairwise preferences such as algorithms based on support vector  
 508 machines [6], gaussian processes [35] and evolving ANNs. The three prefer-  
 509 ence learning mechanisms used and compared in this study are presented in  
 510 following subsections.

### 511 6.1 Large Margin Algorithm

512 The Large Margin Algorithm (LMA) introduced in [6] is based on fundamen-  
 513 tal theory of Support Vector Machines (SVMs) and constitutes the baseline  
 514 linear preference learning approach to our problem. LMA has shown success-  
 515 ful applications in routing problems where, among many approaches, it even

516 outperforms evolving ANNs [6]. In this application, this algorithm is used to  
 517 investigate subjective entertainment preference functions ( $y$ ) which are linear  
 518 combinations of physiological signal features  $f$ , i.e.  $y(f) = f \cdot w$ . The vector  
 519  $w = (w_1, w_2, \dots, w_n)$  represents the positive weight variables (i.e. the linear  
 520 classifier) under optimization attributed to the  $n$  features investigated.

521 The goal is to obtain  $y(f_d^p) > y(f_d^{np})$  meaning that the child prefers a game  
 522 variant with the feature  $f_d^p$  to a game with the feature  $f_d^{np}$  for each pairwise  
 523 preference comparison  $d$ . If  $f_d = f_d^{np} - f_d^p, d = 1, \dots, m$  — where  $m$  is the  
 524 number of pairwise comparisons — the classifier with large margin can be ob-  
 525 tained by solving the following linear programming problem using the Simplex  
 526 algorithm [36].

$$\text{minimize } \sum_{j=1}^n w_j$$

$$\text{subject to } w \cdot f_d \geq 1, d = 1, \dots, m \quad (1)$$

$$w_j \geq 0, j = 1, \dots, n \quad (2)$$

## 527 6.2 Meta-LMA

528 This is an algorithm inspired by the LMA algorithm sharing the same goal  
 529 ( $y(f_d^p) > y(f_d^{np})$ ) and the principal assumption that the subjective enter-  
 530 tainment preference function ( $y$ ) is a linear combination of physiological sig-  
 531 nal features. According to the meta-LMA algorithm the weight vector  $w =$   
 532  $(w_1, w_2, \dots, w_n)$  of  $n$  selected features is adjusted to solve the following linear  
 533 programming problem:

$$\text{maximize } \frac{1}{m} \sum_{d=1}^m g(y(f_d), \epsilon) \quad (3)$$

$$\text{subject to } y(f_d) \geq \delta, d = 1, \dots, m \quad (4)$$

534 where  $y(f_d) = y(f_d^p) - y(f_d^{np})$ ,  $\delta$  is 0.05 in all experiments presented here,  
 535  $g(y(f_d), \epsilon) = 1/(1 + e^{-\epsilon y(f_d)})$  is the sigmoid function and  $\epsilon = 30$  if  $y(f_d) > 0$   
 536 and  $\epsilon = 5$  if  $y(f_d) < 0$ . Both the sigmoidal shape of the subjective function  
 537 and its selected  $\epsilon$  values are inspired by its successful application as a fitness  
 538 function in neuro-evolution preference learning problems on Playware test-bed  
 539 games [27,5].

541 Given the high level of subjectivity of human preferences and the highly noisy  
542 nature of input data, we believe that more complex non-linear functions such  
543 as ANNs might serve our purposes better. Thus, feedforward multilayered  
544 Neural Networks for learning the relation between the selected player features  
545 (ANN inputs) and the “entertainment value” (ANN output) of a game are used  
546 in the experiments presented here. Since there are no prescribed target outputs  
547 for the learning problem (i.e. no differentiable output error function), ANN  
548 training algorithms such as back-propagation are inapplicable. Learning is  
549 achieved through artificial evolution. Details of the neuro-evolution mechanism  
550 used can be found in [9,5].

551 All three preference learning approaches are trained and validated on data  
552 obtained from the main experiment (main data set) exactly as described in  
553 the foregoing text. The best approach is then evaluated using unseen data from  
554 the physical activity control experiment, to determine the extent to which the  
555 constructed user model generalizes. Data from this experiment is referred to  
556 as “control data set” in the sequel.

## 557 7 Feature Selection

558 The quality of the predictive model constructed by the preference learning  
559 schemes outlined above depends critically on the set of input data features  
560 chosen. However, it is not possible to determine a priori the suitability of any  
561 given feature for the final model. Therefore, we use automatic feature set se-  
562 lection algorithms to explore the space of possible input feature sets, searching  
563 for sets that generate the highest discrimination between preferred and non-  
564 preferred games. Using the signal features described above (see Section 5), *n*  
565 *Best Features Selection* (nBest) and *Sequential Forward Selection* (SFS) are  
566 applied and compared. nBest Selection ranks the individual signal features  
567 used individually in order of model performance; the chosen feature set of size  
568 *n* is then the first *n* features in this ranking. The SFS method, by contrast,  
569 is a bottom-up search procedure where one feature is added at a time to the  
570 current feature set. The feature to be added is selected from the subset of the  
571 remaining features such that the new feature set generates the maximum value  
572 of the performance function over all candidate features for addition [37]. Note  
573 that both methods are incomplete. Neither is guaranteed to find the optimal  
574 feature set since neither searches all possible combinations (they are each a  
575 variant of hill-climbing).

576 The SFS method is used since it has been successfully applied to a wide variety

577 of feature selection problems, yielding high performance values with minimal  
578 feature subsets: see [38], for example, for further discussion and for an appli-  
579 cation to the classification problem of process identification in resistance spot  
580 welding. On the other hand, the nBest method is used for comparative pur-  
581 poses, being the most popular technique for feature selection. More advanced  
582 methods such as Sequential Floating Forward Search (SFFS) and Fisher Pro-  
583 jection (FP) [20] could be used in future experiments and results could be  
584 compared to the existing studies. The feature selection procedure followed  
585 here evaluates the usability of each one of the features available and obtains  
586 the minimal feature subset approximation to the feature subset that performs  
587 best in the classification between preferred games and non-preferred games.

588 Feature selection algorithms select the input feature set under investigation  
589 for each learning mechanism; in the case of the evolved ANN the selected  
590 features define its input vector. To evaluate the performance of each input  
591 feature subset, the available data is randomly divided into thirds and training  
592 and validation data sets consisting of 2/3 and 1/3 of the data respectively  
593 are assembled. The performance of each user model is measured through the  
594 average classification accuracy of the model in three independent runs using  
595 the leave-one-out cross-validation technique on the three possible indepen-  
596 dent training and validation data sets. Since we are interested in the minimal  
597 feature subset that yields the highest performance we terminate the feature se-  
598 lection procedure (nBest or SFS) when an added feature yields equal or lower  
599 validation performance to the performance obtained without it. (It is for this  
600 reason that the search is incomplete — one might obtain better performance  
601 by deleting a feature at this point, for instance.)

## 602 8 Best Feature Selection

603 Given the 85 pairs of preferred/non-preferred game comparisons of the main  
604 data set, all three preference learning approaches are applied (see Section 6).  
605 The data is partitioned (randomly) into 3 groups which are used as 2/3 train-  
606 ing and 1/3 validation data subsets with the leave-one-out cross-validation  
607 technique to obtain the average classification performance of each approach.  
608 Regarding the minimization of evolved ANN size, it was determined that ANN  
609 architectures with 10 hidden neurons, are capable of successfully obtaining so-  
610 lutions of high fitness. This was determined by considering the performance of  
611 ANN architectures with up to two hidden layers containing up to 30 hidden  
612 neurons each.

613 As observed from Table 5, there is some consistency between features linearly  
614 related to reported entertainment and features that predict entertainment  
615 preferences based on a non-linear function (ANN). More specifically, all five

616 features that correlate highly with reported entertainment (see Table 3) ap-  
 617 pear in Table 5. Moreover, given the best and average performance of the  
 618 eight highest performing features, the non-linear ANN function proves advan-  
 619 tageous over linear LMA and meta-LMA in single feature experiments. The  
 620 best feature for all mechanisms is the HF energy with a best performance of  
 621 66.67% (average of 71.43%, 67.86%, 60.71%) obtained through the evolving  
 622 ANN approach. Given that the average performance of 30 randomly gener-  
 623 ated ANNs (10 for each validation set) is 48.80%, the  $P$  for the HF energy  
 624 performance to occur is 0.043.

625 The single feature experiments also suggest that collecting physiological sig-  
 626 nals beyond HR, such as BVP, may provide more meaningful features (e.g.  
 627 HF,  $\delta_{|1|}^b$ ,  $\delta_{|2|}^b$ ) for capturing entertainment preferences of children in physical  
 628 play.

Table 5

The eight highest performing features for each learning mechanism ranked by cross-  
 validation performance ( $P$ ) from left to right.

LMA	HF	LF	$\sigma\{RR\}$	$RMS_{RR}$	$t_{max}^h$	VL	$\max\{b\}$	$\sigma\{s\}$
	64.29	63.10	60.71	58.33	58.33	57.14	55.95	55.95
Meta-LMA	HF	LF	$\delta_{ 1 }^b$	$\delta_{ 2 }^b$	$\max\{h\}$	$\sigma\{RR\}$	$h_{in}$	$E\{h\}$
	64.29	63.10	61.90	61.90	60.71	60.71	60.71	59.52
ANN	HF	$\min\{b\}$	LF	$\delta_{ 1 }^b$	$\delta_{ 2 }^b$	$\max\{h\}$	$\sigma\{RR\}$	$h_{in}$
	66.67	63.10	63.10	63.10	61.90	60.71	60.71	60.71

## 629 9 More Features

630 The initial feature subset for all three preference learning approaches includes  
 631 the feature that performs best in the single feature experiment (HF — cross-  
 632 validation performance of 66.67%). By applying the SFS method for each  
 633 learning approach we obtain cross-validation performances presented in Ta-  
 634 ble 6. As expected, results show the advantage of non-linear (ANN) over linear  
 635 (LMA, meta-LMA) learning approaches for our preference learning case-study.  
 636 Even though the LMA method compared to neuro-evolution has generated  
 637 higher performing solutions in specific problems (e.g. routing [6]), the oppo-  
 638 site occurs in our study. More specifically, the best cross-validation perfor-  
 639 mance (79.76%; average of 75.00%, 75.00% and 89.29%) is achieved through  
 640 evolved ANNs with the feature subset  $\{HF, E\{h\}, \sigma\{RR\}\}$  while adding more  
 641 features to the subset does not yield significantly higher performance (see bot-  
 642 tom row of Table 6). On the other hand, the best performances that LMA and  
 643 meta-LMA achieve are significantly lower; 67.86 and 70.24 respectively. Those  
 644 mechanisms' generated performance can be used as a baseline for comparison  
 645 to the best evolved ANN solution, which indicates that the non-linear com-  
 646 bination of HF,  $E\{h\}$  and  $\sigma\{RR\}$  is necessary for a successful predictor of

647 reported entertainment for Playware games.

648 Comparing feature selection methods within the evolving ANN approach, the  
 649 SFS method generates feature subsets that yield higher validation performance  
 650 than feature subsets generated by nBest, as presented in Table 7. The same  
 651 effect occurs for all three preference learning mechanisms, indicating the ben-  
 652 efits of searching with SFS for appropriate feature sets; however, results from  
 653 nBest are not presented for LMA and meta-LMA for reasons of space.

654 Obtained best performance (79.76%) appears to be rather low and shows the  
 655 difficulty in distinguishing physiological signals between games in terms of  
 656 the reported preferences of entertainment. However, the reported complexity  
 657 of classifying emotions through physiological state [20], the augmented signal  
 658 noise recorded during physical play and the binomial-distributed probability of  
 659 this performance to occur at random (**0.0004**) suggest that the evolved ANNs  
 660 are successful predictors of children’s reported entertainment preferences based  
 661 on features extracted from physiological state.

Table 6

Classification accuracy (%) of random network, LMA, meta-LMA and ANN ap-  
 proaches by the use of the SFS feature selection method. The highest performance  
 of each approach obtained through a minimal feature subset appears in bold. Ran-  
 dom network performance is the average performance of thirty random weight value  
 initializations of the ANN (ten for each validation data set). The random network’s  
 input vector consists of the best feature subset that generates the highest cross-  
 validation performance (i.e.  $\{HF, E\{h\}, \sigma\{RR\}\}$ ).

Random $P$	LMA		Meta-LMA		ANN	
	Features	$P$	Features	$P$	Features	$P$
50.59	HF	64.29	HF	64.29	HF	66.67
	$\sigma\{s\}$	65.48	$\sigma\{s\}$	<b>70.24</b>	$E\{h\}$	71.43
	$s_{last}$	<b>67.86</b>	$s_{last}$	70.24	$\sigma\{RR\}$	<b>79.76</b>
	$\max\{b\}$	67.86	$\max\{b\}$	70.24	$t_{min}^h$	75.00

662 Multiple feature experiments confirm the hypothesis that physiology beyond  
 663 HR may provide features (e.g. HF,  $\sigma\{RR\}$ ) for capturing entertainment prefer-  
 664 ences more accurately. The best performance obtained is better than reported  
 665 performance of respective studies grounded solely on HR signals (76.00%) [5].  
 666 The  $E\{h\}$  feature was included in the highest performing feature subset of that  
 667 study demonstrating the potential of average HR for entertainment modeling  
 668 over dissimilar experiments. The addition of HRV statistical features such as  
 669 HF and  $\sigma\{RR\}$  in this experiment results in increased accuracy of the ANN  
 670 model. Note that SC extracted features, as in single feature experiments, are  
 671 absent from the highest performing feature subsets.

Table 7

Classification accuracy (%) of nBest and SFS feature selection methods applied on the evolving ANN approach. The highest performance obtained through a minimal feature subset appears in bold.

nBest		SFS	
Feature subset	$P$	Feature subset	$P$
{HF}	66.67	{HF}	66.67
{HF, min{ $b$ }	57.14	{HF, $E\{h\}$ }	71.43
{HF, min{ $b$ }, LF}	70.24	{HF, $E\{h\}$ , $\sigma\{RR\}$ }	<b>79.76</b>
{HF, min{ $b$ }, LF, $\delta_{ 1}^b$ }	66.67	{HF, $E\{h\}$ , $\sigma\{RR\}$ , $t_{min}^h$ }	75.00

### 672 9.1 Evolved ANN: {HF, $E\{h\}$ , $\sigma\{RR\}$ } Feature Subset

673 A more detailed analysis of the evolved ANN model that yields the best clas-  
674 sification accuracy is presented here. Given the {HF,  $E\{h\}$ ,  $\sigma\{RR\}$ } feature  
675 subset as inputs, the evolved ANNs correctly match 73.81% (average of the  
676 three training trials;  $\sigma = 2.06\%$ ) of children’s answers on entertainment. Low  
677 training performances are due to the early stopping mechanism included in  
678 the genetic algorithm to combat overfitting as described in [5]. The function  
679 between HF,  $E\{h\}$ ,  $\sigma\{RR\}$  and the game’s predicted entertainment value ( $y$ )  
680 given by the highest performing ANN found is illustrated in Fig. 3. As in  
681 results presented in [9,5], all three fittest ANNs generated, each trained on  
682 different sets comprising 2/3 of total data, exhibit similar qualitative features  
683 of the surface illustrated in Fig. 3.

684 The general trend appearing in Fig. 3 is that there are two classes of children,  
685 based on their physiological state, having dissimilar preferences of entertain-  
686 ment. First, when homogeneity of the inter-beat intervals is high (low  $\sigma\{RR\}$   
687 values), the games preferred are those that generate a combination of high  
688  $E\{h\}$  and HF values (see Fig. 3(a)). This corresponds to a constantly (low  
689  $\sigma\{RR\}$ ) energetic (high  $E\{h\}$ ) play of low emotional or mental load (high  
690 HF) which appears to be entertaining for this class of children. On the other  
691 hand, the lower the inter-beat interval uniformity becomes, the more the cases  
692 where high entertainment values are generated through low HF energy values  
693 (see Fig. 3(b) and Fig. 3(c)). This observation becomes more apparent when  
694  $\sigma\{RR\} = 1.0$  (see Fig. 3(d)) where the highest entertainment values corre-  
695 spond to very low HF values (HF= 0.0) independently of average HR. These  
696 physiological indices are derived from a second class of children’s play where  
697 dynamic (high  $\sigma\{RR\}$ ) play that involves high mental or emotional load (low  
698 HF) is reported as fun independently of physical effort ( $E\{h\}$ ).

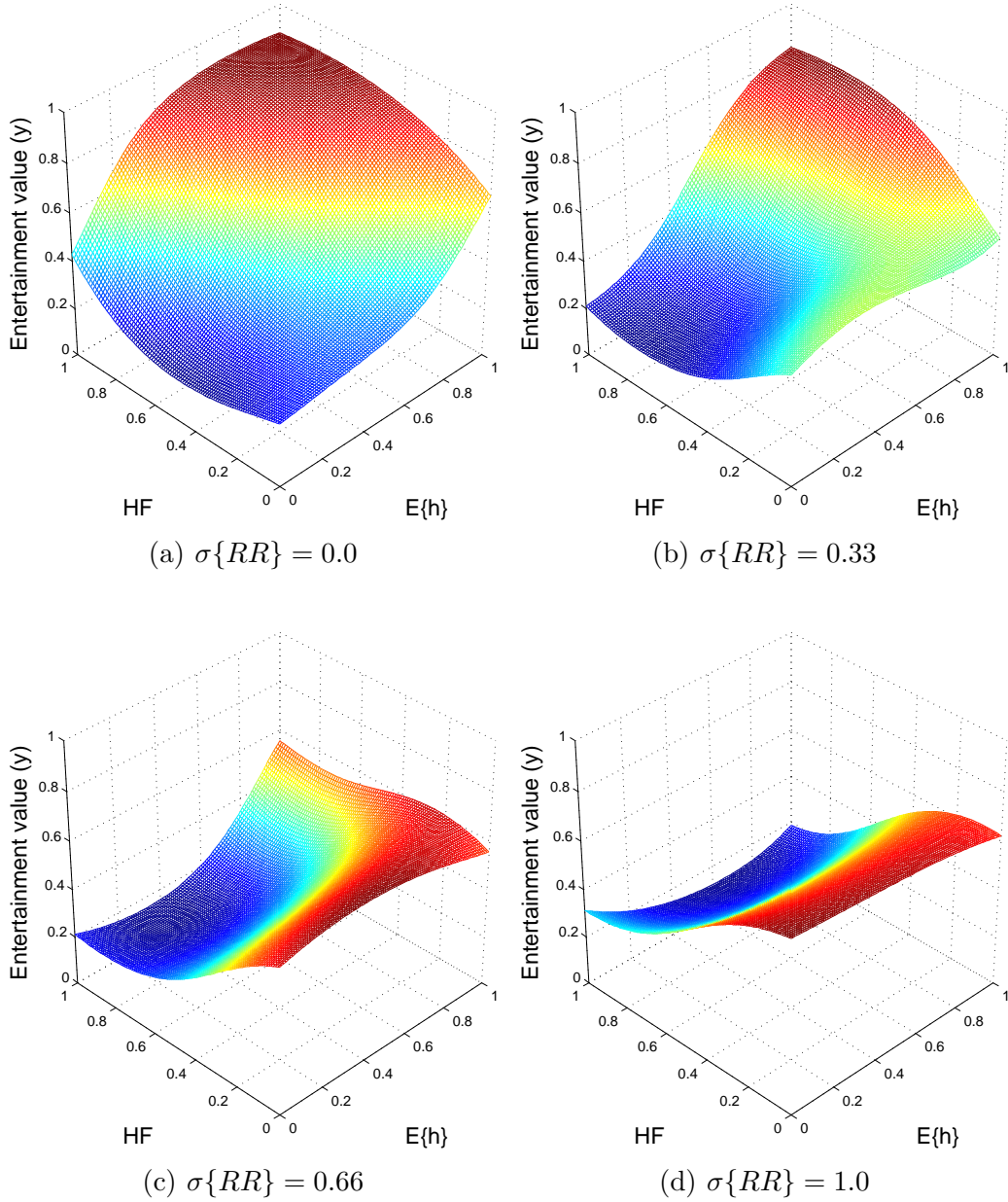


Fig. 3. Evolved ANN that yields the best classification accuracy on unknown data (89.29%): ANN output  $y$  (entertainment value) with regards to HF and  $E\{h\}$  for four values of  $\sigma\{RR\}$  (0.0, 0.33, 0.66, 1.0).

699 *9.2 Validation on Control Data Set*

700 To investigate the extent to which the predictive model of entertainment pref-  
 701 erence computed using the data from the main experiment generalizes to new  
 702 experimental data, the best performing evolved ANNs presented in Section 9.1  
 703 are presented with and evaluated on the unseen data from the physical activity  
 704 control experiment.

705 Table 8 shows the average total classification accuracy (fourth column) and the  
706 sub-classification performance for the comparisons between the Bug-Smasher  
707 game played and the Stomping game (second column) as well between the  
708 Bug-Smasher game chosen as more entertaining and the Bug-Smasher game  
709 chosen as less entertaining (third column) of all three evolved ANN.

710 The performance obtained equals 69.64%, which appears rather low compared  
711 to 79.76% of correct matching on the validation data of the main experiment.  
712 However, given the reported complexity of the task [20] and the binomial-  
713 distributed probability of this performance to occur at random (**0.0022**), the  
714 ANN model proves a quite effective, robust and generic predictor of children’s  
715 reported entertainment preferences based on their physiological state in phys-  
716 ical play. The average performance of 10 ANNs identical in structure to the  
717 evolved ones, but with random weights, is given for comparison.

Table 8

Evolved ANNs (feature subset:  $\{HF, E\{b\}, \sigma\{RR\}\}$ ) trained on main data set: Clas-  
sification accuracy (%) on unseen control data set. The average classification per-  
formance of 10 networks with random weights is given for comparison (random  
network).

	Bug-Smasher game vs. Stomping game	Preferred game vs. non-preferred game	Total
Random network	52.44	50.00	50.99
$\{HF, E\{b\}, \sigma\{RR\}\}$	75.75	65.68	69.64

## 718 10 Conclusions and Discussion

719 This paper explored the interplay between physiological signals and children’s  
720 entertainment preferences in physical play. More specifically, the quantita-  
721 tive impact of children’s reported entertainment on HR, BVP and SC signal  
722 statistics was investigated through an action game (Bug-Smasher) developed  
723 on the Playware playground. The statistical effects obtained from the main  
724 game experiment presented here provided some first insights for the physi-  
725 ology of entertainment. Higher average and maximum HR, steeper blood volume  
726 signals and quicker changes in HR appear to correlate with higher levels of  
727 reported entertainment in children of the age group examined.

728 Physiological signal features may provide a means for distinguishing between  
729 entertaining games and non-entertaining games as well as between gaming  
730 activities and game-like physical activities (stomping). This paper examined  
731 the hypothesis that physical activity in games reported as entertaining has a  
732 quantitatively dissimilar impact on physiology to a non-entertaining game-like

733 form of physical activity. A suitable experiment for controlling and isolating  
734 the elements of physical activity from HR, BVP and SC signals was designed.  
735 The hypothesis under investigation here is whether there is some kind of physi-  
736 cal activity that an entertaining game elicits and a non-entertaining game does  
737 not. The control experiment is based on a comparative “fun” analysis between  
738 variants of the Bug-Smasher game and the Stomping game which is objectively  
739 reported by children as less entertaining than the Bug-Smasher game.

740 The following protocol was devised to mitigate the difficulties reported in the  
741 literature [20] of obtaining accurate data of BVP during physical activity. The  
742 HR of children was recorded using a wireless ElectroCardioGram (ECG) device  
743 (POLAR s610i) consisting of pulse sensors placed on the chest of the child.  
744 The RR intervals (time duration between two consecutive R waves) recorded  
745 are automatically converted into HR with an accuracy of  $\pm 1$  heart beat per  
746 minute (bpm). Heart rates were calculated and stored every 5 seconds. The  
747 spectral threshold of the Fourier transformation of the BVP was adjusted  
748 by observation (where needed) to match those HR recordings. This way we  
749 manage to derive RR time intervals out of the BVP signals based on the high  
750 accuracy ( $\pm 1$ ) HR recordings of the ECG device.

751 Three alternative preference learning mechanisms (LMA, meta-LMA and neuro-  
752 evolution) were investigated, demonstrating comparative advantages of evol-  
753 ving ANNs over linear approaches for constructing entertainment models of  
754 physical play. Moreover, two alternative signal feature selection (nBest, SFS)  
755 methods were applied, demonstrating the benefit of SFS over nBest for obtain-  
756 ing more accurate entertainment models. Specifically, signal feature selection  
757 on HR, BVP and SC signal data derived from the main experiment extracted  
758 a feature subset including the energy of the high frequency band of HRV  
759 (HF), the average HR ( $E\{h\}$ ) and the standard deviation of the inter-beat  
760 intervals ( $\sigma\{RR\}$ ). These inputs feed ANNs which correctly predict the re-  
761 ported entertainment preferences of children with a cross-validation accuracy  
762 of 79.76% on unseen validation data from the main experiment. Moreover, a  
763 performance of 69.64% is obtained when evaluating the ANN trained on data  
764 from the main experiment using unseen data from the control experiment.  
765 Even though the obtained performance appears low, one has to consider the  
766 difficulty of classifying accurately emotions through physiological state [20]  
767 and the binomial-distributed probability of this performance to occur at ran-  
768 dom (**0.0022**). These provide evidence that the evolved ANNs are successful  
769 predictors of children’s reported entertainment grounded on their physiological  
770 state and validate the hypothesis that there are physiological signal features  
771 corresponding to physical activity ( $E\{h\}$  and  $\sigma\{RR\}$ ) and mental load (HF)  
772 that can capture entertainment in physical games.

773 The proposed entertainment model, in its current state, demonstrates strong  
774 evidence that when children are having “fun” during physical play they are en-

775 gaged more, which is reflected in either increased physical activity or increased  
776 mental/emotional load independently of physical effort. On the other hand,  
777 there is less evidence about the inverse relation between affect and physical  
778 activity in this study since the present model may not be able to recognize  
779 positive or negative valence of the affect — e.g. pleasurable excitement from  
780 anger. For instance, children irritated by playing Playware games in general  
781 may show signs of arousal without increased physical activity, while children  
782 motivated to play harder by anger with competitors will exhibit arousal and  
783 physical activity but may not be having “fun”. To the extent that their phys-  
784 ical activity is typical of the Playware game, the ANN model presented here  
785 may nevertheless assert that they are enjoying themselves. This may happen  
786 when irritated children demonstrate high HF-HRV combined with low  $\sigma\{RR\}$   
787 values. Further testing of whether negative valence corresponds to a combina-  
788 tion of low mental or stress load and inter-beat homogeneity could refute this  
789 possibility inherent in the present model.

790 As mentioned earlier, the 2-AFC protocol employed in the reported experi-  
791 ments induces “noise” in those cases where the children do not have a strong  
792 preference to express. Although the order-effect statistical analysis implies  
793 that this noise introduces no bias, the presence of the noise reduces the effec-  
794 tiveness of the machine learning techniques used to construct the predictive  
795 models. In view of this, a 4-alternative forced choice (4-AFC) approach could  
796 profitably be adopted for future protocol design. Children will choose among  
797 the following alternatives: one game is more “fun” than the other (2-AFC),  
798 both games are equally “fun”, neither game was “fun”. This protocol provides  
799 the same preference information as 2-AFC for the machine learning process  
800 while also making explicit the “no preference” cases concealed by 2-AFC.

801 A further improvement of the model construction procedure is to use a com-  
802 plete feature selection strategy for the exploration of the feature subset space.  
803 SFS with deletion, Sequential Floating Forward Search and Fisher Projection  
804 [20] would be suitable candidates to test. On the other hand, a preliminary  
805 study in which an exhaustive search of all possible subsets was attempted sug-  
806 gested that the optimal model’s performance is only a few percentage points  
807 better than the models reported here: in which case the computational effort  
808 of a complete search strategy is probably not justifiable.

809 We believe that the approach to entertainment modeling based on physiologi-  
810 cal data presented here is general over the majority of action games realizable  
811 with Playware. Previous studies have shown that models grounded solely on  
812 HR signal features generalize over dissimilar games that collectively cover a  
813 large proportion of the features met in Playware action games [5]. Moreover,  
814 it is our belief that the entertainment models proposed here may very well  
815 be applied to other interactive entertainment systems that include physical  
816 activity. Note, however, each game design comprises idiosyncratic entertain-

817 ment features which may have a significant impact on the child’s enjoyment  
818 and its physiological consequences. More games, therefore, need to be tested  
819 to confirm the generality of the approach.

820 Individual differences in children’s physiology, preferences and playing behav-  
821 ior cause complications in generalizing over subjects and limit the predictive  
822 ability of models like those constructed here. This is a fundamental limitation  
823 of attempting to construct a model based on combined data from multiple  
824 subjects: a game that to one child is exciting and fun may to another be  
825 too fast, or too slow. The results presented show an encouraging degree of  
826 generalization across individuals to be possible, in that the evolved ANNs do  
827 predict children’s preferences with reasonable performance. If it were possible  
828 to cluster individual players into classes depending on observed playing style,  
829 where each class could then have its own model, an easier machine learning  
830 problem would result with potentially better predictive performance. On the  
831 other hand, capturing sufficient data to train one model per class could pose  
832 hard logistical problems.

833 The predictive models can be used to adapt the game’s entertainment features  
834 (challenge, curiosity) depending on the variation of the player’s individual  
835 play and physiological features in real-time (at least — on-line during play)  
836 in physical games. The key to this is the observation that the models (e.g.  
837 ANNs) relate features to an entertainment value. It is therefore in principle  
838 possible to determine what changes to game features (given embedding of the  
839 features in the model) will cause an increase in the entertainment value of  
840 the game, and to adjust game parameters to make those changes. For further  
841 discussion on this future direction the reader may refer to [5].

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